The View

“Delivering excellence, innovation and success”

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2015 EVENT CALENDAR

TERM 4

Wk 7
Mon 16th Nov ∙ Yr7 Project 7 Interviews in library
Tue 17th Nov ∙ Yr8 & Yr10 Principals Assembly in school hall
Wed 18th Nov  ∙ Yr7 & Yr8 Netball & Cricket gala day at Cessnock/Maitland ∙ Yr6 Indigenous students transition Day at MVHS ∙ P&C meeting in common room 6.30pm
Fri 20th Nov  ∙ Yr8 Project 8 Interviews in library

Wk 8
Mon 23rd – Fri 27th Nov  ∙ Yr7 Lifesaving Program (Mon – Thur at Cessnock Pool, Fri at Newcastle Beach/Baths)
Tue 24th Nov  ∙ Yr6 Jump Start program session 2 ∙ HSC Business Studies in class assessment task 1 ∙ White Ribbon Day Assembly
Thur 26th – Fri 27th Nov  ∙ Senior Leaders to National Young Leaders Conference Sydney

Wk 9
Mon 30th Nov – Fri 4th Dec  ∙ Yr8 Lifesaving Program (Mon – Thur at Cessnock Pool, Fri at Newcastle Beach/Baths)
Tue 1st – Wed 2nd Dec  ∙ Yr12 Chemistry/Physics o/n excursion to Sydney
Thur 3rd Dec  ∙ Y6 Orientation Day in school hall 9am

Wk 10
Wed 9th Dec  ∙ Yr7 & Yr8 Presentation Day in school hall 9.15am arrival ∙ 7Alexander parent morning tea in library 11.15am
Fri 11th Dec  ∙ Yr9, Yr10 & Yr11 Presentation Day in school hall 9.15am arrival

Wk 11
Mon 14th – Wed 16th Dec  ∙ Student service learning end of year activities
Wed 16th Dec  ∙ Last day of term for students

FACULTY LEADERS

English Melissa Wyper ∙ PD/H/PE Sue Ford
Maths Andrew Gill ∙ TAS Rig Andrew Newman
Science Natalie Death ∙ Admin Rig Jessica Schafer
HSIE Lynne Davies ∙ Teach/Learning Leanne Triggs
CAPA Larayne Jeffery ∙ Wellbeing Julie Myers & Steve Quigley

YEAR ADVISERS

Year 7 Jodie Scheffler
Year 8 Rebecca Conn
Year 9 Rebecca Bartlett
Year 10 Angela Roughan
Year 11 Sharon Curran
Year 12 Christine Bell

PRINCIPAL’S MESSAGE

Ms Desley Pfeffer

Focus On Learning – until the end of the year!
As this edition of The View goes to print there are only 4 weeks of the academic year remaining in 2015.

That said, the focus at school is still on learning and many subjects have assessment tasks remaining, or essential learning that is required to fully cover the syllabus and prepare students fully for the 2016 academic year.

The last day of the academic year is Wednesday 16 December. Our Presentation Assemblies are held on Wednesday 9 December (for students in Years 7 & 8) and Friday 11 December (for students in Years 9, 10 & 11). We look forward to welcoming families and friends to join with us in celebrating the many, and continued, successes of our students.
Keeping Parents Informed
One of our strategic directions for 2015 – 2017 is about enhancing organisational effectiveness. Thank you to the many parents and families who have commented so favourably about our school Facebook page, indicating that this helps you to keep up to date and to see some of the events taking place within the school. Our school website http://www.mountview-h.schools.nsw.edu.au/ is also a useful place to keep checking!

Recently our school launched a parent portal - this is a major step forward in the way in which we can communicate information about your child to you. It will expand further in 2016 so please check out the information provided by Mr Hookway, Deputy Principal, later in the newsletter. Students moving into Years 9 & 10 are also being provided with confirmation sheets outlining their elective choices for 2016.

A Request To Parents (and students)
I would like to highlight Ms Roughan’s comments in her Year Adviser report. In addition to learning in curriculum areas, our school provides a number of very valuable programs or experiences which support students’ development into responsible and caring young adults. Recently, the school ran ‘Lovebites’ for students in Year 10 as part of a larger 3 day program involving Project 10 interviews, All My Own Work - a requirement for entry into Year 11, and a catch-up study program for students who still had N warning letters outstanding. Unfortunately, Lovebites was very poorly attended and many students missed out on a thought-provoking and highly relevant wellbeing program.

I strongly encourage all students to ‘step forward’ and take up opportunities to experience as many programs and learning opportunities as possible while they are students at Mount View HS. Parental support in this is vital. Please expect and insist that your child attends school each day unless they are unwell or there is a family emergency or difficulty that prevents them from doing so.

DEPUTIES’ REPORTS

Mr Shane Hookway – Deputy Yrs 7/9/11

Whilst the HSC exams have now wound up for our current Year 12 cohort, our Year 11 students have just commenced their studies in the HSC after successfully completing the preliminary component.

At the end of the Preliminary HSC schools are required to submit a grade to the Board of Studies for each subject that students complete.

This grade for some students will be published on their Record of School Achievement, for others it will be listed on the Higher School Certificate document. The critical part is that whilst the work completed in the Preliminary HSC forms a solid foundation and develops essential skills for the HSC it does not have any carry over in relation to student grades or final HSC outcomes. Students move into this aspect, given they have met the outcomes of the preliminary component, with a clean slate. Having said that most subjects will be holding their first assessment task during Term 4. Year 11 have been issued the 2015/16 HSC assessment schedule through a variety of means. A year meeting was held in Week 2 where students were issued a hard copy of the assessment schedule. At the same time a presentation was given to students explaining how schools assess and what information they pass onto the Board of Studies. Every assessment that students complete as a HSC student contributes to the final rank and relative gap the Mount View High School will provide to the Board of Studies. The Board then use this information to calculate students’ moderated assessment mark that will be combined with their HSC exam mark to deliver their final result. For detailed information please access http://www.boardofstudies.nsw.edu.au/hsc/

The 2015/16 HSC assessment schedule is available for download on the school website http://www.mountview-h.schools.nsw.edu.au/curriculum-activities/assessment-reporting or navigate by selecting the Curriculum & Activities tab, then selecting Assessment & Reporting from the side menu. The 2016 Year 12 Assessment booklet is the top file for download.

SENTRAL – Parent Portal
At the beginning of Term 4 Mount View High School launched the parent portal by mailing out letters to all of our parents with instructions on how to set up an account and details of their family specific access code that then links your children to your established account.
I would like to encourage all parents to take up this offer. Parents can currently view up to the minute information on their child in a variety of areas that will expand in 2016. Currently you can access:

- School Calendar
- School Newsletter
- Access to change family information including address and phone
- Access to change medical information including medications taken, allergies, etc
- Ability to explain your child’s absence from school
- Your child’s current up to date timetable
- Daily notices for your child
- Live attendance data including whole day, part day and class based attendance
- Wellbeing data including records of incomplete assessments, commendation awards and monitoring cards

In 2016 you will also be able to see

- Student markbooks
- Student Semester 1 and 2 reports

Mrs Julie Smith – Deputy Yrs 8/10/12

Year 12

The end of the Higher School Certificate is fast approaching with students now finished all of their examinations. Congratulations upon your excellent demeanour and focus throughout! Our school staff love speaking with you about your future plans, so please make sure you come to see us when you are officially signing out.
Year 10
Congratulations to the vast majority of Year 10 for your successful participation in Project 10 and ‘All My Own Work’. I am also very pleased with the number of students who continue to work hard to redeem missed work that has led to “N” warning letters. Remember to keep focused on the great benefits of completing Year 10 successfully!

Mrs Ford reports that 70% of Year 10 received a credit or above for Project 10! Our wonderful community members who participated on panels were also impressed with the quality of covering letters and the organisation of our students. We are very pleased to have had 7 new community members this year and hope that their support will continue in 2016.

Miss Roughan has a grand list of 121 students who have successfully complete ‘All My Own Work’. This is a wonderful effort, given that the pass mark for each of the five modules was 95%! Other students who still need to complete this mandatory course can speak with Miss Roughan, Mrs Godber or Mrs Smith. Remember that you cannot be enrolled in Year 11 by BOSTES unless this course is completed satisfactorily.

Year 8
I look forward to seeing the results of students giving their very best in the final examinations in Week 5. I am looking forward to seeing you progress into Year 9 with all the curriculum and class changes and the growing maturity that this brings. Keep focused during the second half of Term 4.

Playground
All students are encouraged to take pride in their surroundings and do their best to maintain our beautiful grounds. We have plenty of bins available; please ensure that your rubbish is placed in the bins provided. Remember what PBL looks like in the playground! We have had a few students who have scratched off some of the visual markers around the poles in the school, these have been placed there for the safety of all students. If you see someone doing the wrong thing, please let a teacher know so that it can be followed up.

YEAR ADVISER REPORTS

Year 7 – Ms Jodie Scheffler
A huge congratulations to Year 7. They have survived their first experience of yearly exams in the hall and in the classroom. As a reminder it is essential that that they revise all class work at home. This will ensure better results and is also good practice for the following years to come.

The uniform of Year 7 has improved of late, but we still have a few students not in the correct uniform. Please encourage your child to wear the correct uniform including black leather shoes. It is so important that they are a positive part of the school community.

A big thank you to the students and parents who continually support the uniform policy of Mount View High and reinforce the great reputation we have in our local and school community.

Attendance: Don’t forget that students are required to attend school right up until the last day of teaching. I wish all students the best in their studies for the remainder of 2015.

Year 8 – Ms Rebecca Conn
Hello to all parents, guardians and Year 8 students. I almost can’t believe we are at Week 7 already! This term has been full of assessments and exams. I wanted to congratulate the vast majority of Year 8 on the way they have handled themselves during a stressful time.

Final Assessments and Exams
If students have missed exams or assessments they should submit a white appeal form (obtained from the print room or I have some copies) to their class teacher as soon as they return to school and must arrange a time to sit the exam.

I would also like to take the time to remind students that the learning that occurs during the last 5 weeks of this term is crucial to them finishing the prescribed curriculum from the Department of Education. Each student needs to be present in class and engaging in the learning opportunities provided.
Stage 4 Presentation Assembly
The Stage 4 Presentation assembly will be held on Wednesday 9th of December at 9.15 am. Parents and siblings are encouraged to attend this formal assembly to watch their student receive their Stage 4 certificate.

Students who have outstanding assessment tasks from the past three terms are encouraged to submit these tasks so they can feel confident of participating in the ceremony. If you are unsure if your child has outstanding tasks please contact me via phone in the Science staffroom or via email (Rebecca.Conn4@det.nsw.edu.au)

Year 8 Lifesaving Program
The Year 8 Lifesaving program will take place during Week 9 of term 4. This is a compulsory part of Year 8. All students are expected to participate in this program. Students who are unable to swim for medical reasons will be provided with work at the pool venue. Classes will not be held for Year 8 at the school. For further information on this program please contact Jamie Grove in the PE staffroom.

Year 9 Electives
I have had many queries about electives and changes of electives from parents and students. At this stage the timetable is not finalised and we are not sure of class lists. As soon as I am able I will let students know about what electives they have received and the process for changes of electives. It would be expected that a significant reason is provided for students to need to change electives. Students should also be aware that changes of electives will be limited due to class sizes and line patterns.

Year 9 – Ms Rebecca Bartlett
Peer Support
This year’s peer support training was attended by a record number of 95 eager Year 9 students, keen to volunteer themselves to support Year 7 2016 transitioning into high school. Thursday was onsite at Mount View with groups participating in a number or activities to develop their leadership skills. The day ended with a fantastic newspaper fashion parade demonstrating the developing teamwork skills among the groups, with a guest judge declaring a tie between two groups who had done a wonderful job dressing their models.

The following day was held at the park near the village at Pokolbin and, despite the cooler weather, groups were still able to complete all activities successfully, even finding some time to hit a few screamers at Aqua golf. I would like to take this opportunity to acknowledge all participants, and give a special thanks to the staff who supported the two days of training both at school and as a part of the training.

From the training, 64 students have been selected to work with Year 7 2016 starting on Orientation day, which is on Thursday 3rd December. For 22 stand out students, they have been chosen to be involved in the Jump Start program commencing Tuesday 10th November to offer extra support to some students. I congratulate all these students and know that they will be excellent role models for Mount View High School’s incoming students.
Year 10 – Ms Angela Roughan

Year 10 had numerous activities happening during week 3 of this term. It was great to see almost all of Year 10 students successfully complete their Project 10 Interviews. The Panel members were impressed with the professionalism and work presented by our students.

During this time most of Year 10 successfully completed “All My Own Work” which is a requirement of the Board of Studies, Teaching and Educational Standards (BOSTES) to complete before a student can commence Year 11. If any student still needs to complete this they will need to see either myself or Mrs Godber.

Several students made use of the time provided during the week to complete outstanding N award warning letters. Unfortunately, there are still a significant number of students in Year 10 with outstanding N warning letters of which a number of these are now in jeopardy of receiving an N determination in various courses.

The final activity that was held during the week was the “Lovebites” program. As a school it is not only our responsibility to educate students in our subject areas but also to provide them with programs that allow them to grow and develop into responsible young adults. For this reason it was disappointing to see the number of students who attended these days. The students who attended the program found the day to be exceptionally worthwhile and have taken a lot away from the activities.
The school is aware of a function being organised on Wednesday 9th December that is being called the “Year 10 Mount View High School Formal.” It is important for parents to understand that this function is being organised by a group of students in the year group. The school is not involved in this function in any manner and there will be no teacher supervision at the event.

It is important for Year 10 to realise that even though they have finished their exams they are expected to work until the end of the year. They need to continue to come to school with the correct equipment, apply themselves with diligence and start to prepare for their senior years of school.

The Year 10 end of year assembly is a combined Stage 5 and Preliminary Assembly which is being held at 9.15am on Friday 11th December. At this assembly all Year 10 students who have satisfactorily completed their courses will receive their Stage 5 certificate. During this assembly our academic end of year awards will be presented and the Year 10 reports will be issued.

On Friday February 12th 2016 the ROADWHYZ program will be held at Mount View with the expectation that all Year 11 students will attend. The ROADWHYZ - ‘Choice and Consequence’ program is a joint initiative of the Lower Hunter Police, ambulance officers from the NSW Ambulance Service and parents within the community. The program has been developed to assist drivers, in particular young drivers from the age of 17-25.

The program is facilitated by an ex TAFE teacher/lecturer (Michelle Davis) with over 9 years experience in teaching and presenting to students aged from 16 years upward. The core information is delivered by the highway patrol officers, ambulance paramedics, and several rescue volunteers, who collectively have over 20 years experience in their relevant fields.

It is anticipated that the students will be able to take the information from the experts and apply it to their driving experiences, helping them to see they are in charge of the choices they make while driving and as such can have control of the consequences. The cost of the day will be $5 per student.

P & C NEWS

The P&C would like to thank all the members who attended meetings this year along with all of the School Executive staff.

We would also like to say a huge thank you to Tina and all the hard working ladies in the canteen. Without them the P & C donations to the school would not be possible.

This year we are happy to have donated a total of $184 447.00.

This includes money towards the Construction of the LEAP centre and it’s fit-out, the leaders’ conference, Leo’s trivia night, cattle crush, as well as money towards the presentation days.

Thank you again to everyone who supported the P & C this year.

Next Meeting Wednesday 18th November at 6.30pm.

ADMINISTRATION OFFICE

Administering Prescribed Medication at School
When a medical practitioner has prescribed medication that must be administered during the school day, parents are responsible for:

- bringing this need to the attention of the school/clinic
- ensuring that the information is updated if it changes by providing a copy of the doctor’s revised prescribed medication
- supplying the medication and any 'consumables' necessary for its administration in a timely way
- collaborating with the school in working out arrangements for the supply and administration of the prescribed medication
The administration of such medication forms part the Department’s common law duty of care to take reasonable steps to keep students safe while they attend school. This duty of care is fulfilled through its staff members. The administration of prescribed medication in schools is carried out by our clinic staff who volunteer and who are trained. Key points to remember:

- Parents of children who require prescribed medication to be administered at school must complete a written request which can be obtained from the school.
- Students must not carry medications unless there is a written agreement between the school and the student's parents that this is a planned part of the student's health care support.

Permission To Publish

The school/Department may publish information about your child for the purposes of sharing his/her experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service.

This information may include your child’s name, age, class and information collected at school such as photographs, sound and visual recordings of your child, your child’s work and expressions of opinion such as in interactive media.

The communications in which your child’s information may be published include but are not limited to:

- Public websites of the Department including the school website, the Department’s intranet (staff only), blogs and wikis
- Departmental publications including the school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Department websites
- Official departmental and school social media accounts on networks such as the school’s YouTube, Facebook and Twitter pages.

Parents should be aware that when information is published on public websites and social media channels it can be linked to by third parties and may be discoverable online for a number of years, if not permanently. Search engines may also cache or retain copies of published information.

If parents/caregivers **do not give their permission to publish information** as described above, please notify the school in writing. If you have any queries regarding the above please contact the Administration Office.

Uniform Reminders

During winter it became a ‘trend’ for many of the girls to wear black gym pants every day to school and this has continued into this term. Black gym pants **ARE NOT** part of the school uniform and must not be worn to school. We would like to thank parents and students who have endeavoured to support the school with this issue and with the wearing of the correct school uniform.

The school’s colours are **RED and GREY** and this is reflected in our uniform. **BLACK is NOT** a school colour. However, students are permitted to wear black shorts or sports pants **ONLY** on Thursday for sport. These should **NOT** be worn at any other time.

Junior and senior girls have a school skirt which is worn with a white shirt. They may also wear grey shorts or trousers.

Junior and senior boys wear grey shorts and the junior shirt is white while the seniors have a red shirt with the school’s logo. For work health and safety reasons and regulations, students are required to wear black leather shoes.

Uniform Pool

We are seeking donations of second hand Mount View High School uniforms for our uniform pool, especially girls’ skirts and boys’ shorts. Any donation would be greatly appreciated and can be dropped into the Administration Office anytime.

If students are borrowing items from our second hand clothing pool, we would appreciate that they be returned back to the front office in a timely manner.
ATTENDANCE

Jessica Schafer – Rlg Head Teacher Administration
Attendance Questions? Phone 49902566 ext 1 or call into the Attendance Office

Student Contact Details
With nearly 1000 students at Mount View High School it is important that the school has up to date student details to ensure we are able to contact parents at any time should the need arise.

If you wish to check what contact and emergency details we currently have on file for your child please don’t hesitate to contact the Administration Office on 49902566 anytime.

Daily SMS’s and regular phone contact is often used by Mount View staff to communicate with our families. Changes to contact details need to be made in writing via note, email or forms available at the main office. Please ensure that if you have moved house, changed home phone, work or mobile number, or if there has been a change in care arrangements for your child you complete the change of details form. Please ask if you are unsure what to do.

It is also a requirement that if there are any court orders in place relating to your child a copy is provided to the Administration Office. This should be discussed with the relevant Deputy, or with the Principal.
All parents please note the following memo from the Department of Education.

MEMORANDUM TO PRINCIPALS
DN/15/00093

ATTENDANCE OF STUDENTS IN TERM 4, 2015

All students in Kindergarten to Year 11 are required to attend school until Wednesday 16 December, the last day of teaching for Term 4 2015. Prior to this date, students in all year groups should be engaged in meaningful work based on the curriculum and syllabus requirements.

If parents are seeking permission for their child to be absent from school for a period of time, the current Exemption from School - Procedures should be used. These procedures were updated in Term 1, 2015.

As in previous years, students who complete the Higher School Certificate examinations in 2015 will be signed out from school on dates determined by principals to align with local school management practices.

Thank you for your ongoing support of student learning.

Gregory Prior
Deputy Secretary, School Operations and Performance

ENGLISH FACULTY

Melissa Wyper – Head Teacher

Drama – Mr Russell, Miss Baum, Miss Johnson
Year 8
During this term, students from the Year 8 Drama class have been undertaking a study into the theatrical form of puppetry. Students have been actively involved in learning about the history of puppetry as a dramatic form as well as more contemporary forms of puppetry such as ventriloquism and animatronics. The students have been conducting their own research about the characteristics and mannerisms of puppets and considering what makes an engaging character in a dramatic performance. They were set the final task of letting their imaginations run wild and design and create their own sock puppet characters. The results have entertaining, creative and of an impressive standard, as you can see!
Year 12
With the Preliminary Drama course successfully completed, students have begun their HSC preparation. This term they are exploring significant Australian plays of the 1960’s and 70’s and the influence such plays have had on both modern theatre and society in general. In particular we are looking at the way Australian characters and social issues have been authentically portrayed on stage. Students have also begun to consider their Individual Project, a major piece of work that will be developed over the next three terms and presented as part of their HSC. At this stage all students should be working on this project at home, researching and looking for inspiration on topics, characters or issues of interest to them. Looking ahead to 2016, the HSC class will continue to participate in and experience a range of performances in order to further develop their understanding of contemporary drama practices.

MATH FACULTY

Andrew Gill – Head Teacher

Calculators
It is essential for all students to have a calculator and for them to bring it to school every Mathematics lesson. There are a significant number of students in the school at the moment who do not have calculators and this is impacting on their learning experience. Calculators can be purchased through the school for a cost of $20.

Luna Park
The Mathematics Luna Park excursion ran on Friday 13th November. Huge congratulations to the students who were invited this year from Years 9 and 10 for continuing to demonstrate respect, responsibility and excellence in Mathematics throughout the year.

HSIE FACULTY

Lynne Davies – Head Teacher

Europe Study Trip 2016
Thank you to all of the people who responded to our Face Book request for help about the soldiers whose names appear on the Mount View Primary School’s World War I memorial. Unfortunately the information we were offered was limited and corresponded with what we had already found through our own research. If you are able to provide copies of photographs of the men or you may know someone who can help, please don’t hesitate to get in touch with me at the school on 49902566.

Anything we are offered will be copied and returned. The following list gives the names of each of the men, their service number, and other details relevant to each soldier. It is still my hope that if we are able to visit their graves or memorial site that we may be able to leave some form of a tribute to these men not only from the staff and students of our school but also from their family.

Thomas Jackson
Service Number: 5650
Unit: 19th Australian Infantry Battalion
Date of death: 27 February 1917
Cemetery: MARTINPUICH BRITISH CEMETERY
Additional Information: Son of Richard and Anne Jackson, of Mount View, Cessnock, New South Wales
Frank McGann
Service Number: 2366
Unit: 37th Australian Infantry Battalion
Date of death: 08 June 1917
Cemetery: STRAND MILITARY CEMETERY

Walter Frederick Woodland
Service Number: 5781
Date of death: 05 May 1917
**Additional Information:** Son of Joseph and Mary Ann Woodland. Born at Millfield, New South Wales.
Cemetery or memorial details: Villers-Bretonneux Memorial. No known grave.

James O’Neill
Service No. 3439
Date of death: 03 September 1916
Cemetery or memorial details: Villers-Bretonneux Memorial, Villers-Bretonneux, Picardie, France

**Time Is Running Out For An Amazing Opportunity For Students In Years 9 and 10**
In July 2016 The Premier’s Anzac Memorial Scholarship will fund a study tour for up to 20 students from schools across NSW to travel to the Western Front, in France and Belgium. Students will visit the battlefields where the Anzacs fought, discover their experiences and commemorate their memory.

Students who are selected for a 2016 Premier’s Anzac Memorial Scholarship will complete a guided tour of significant battlefields. Beginning in Paris, students will travel to historical landmarks and museums in France and Belgium, learn about the history of the Western Front from experts in the field and commemorate the Anzacs. Details of the 2016 scholarship tour are currently being finalised, however the duration of the tour will be approximately 12 days. NSW secondary school teachers and a tour historian will accompany the tour party and supervise students.

**Selection Criteria**
Mrs Pfeffer and a selection panel will look for applicants who:
- display a genuine interest in Australian history, including the role that participation in wars has played in the development of Australia
- demonstrate involvement in the commemoration of Anzac Day and related events or a deep interest in the Anzac tradition
- show they have made a positive contribution to the school community
- can follow very high standards of behaviour, dress and protocol and be independent, trustworthy and able to complete tasks by specified deadlines.

**What does the Premier’s Anzac Memorial Scholarship provide?**
The scholarship provides for all costs associated with the tour: airfares, travel, accommodation, meals, official clothing, travel insurance and a small amount of money for out-of-pocket expenses. Rural recipients may seek support for the expenses incurred in travelling to and from Sydney.

**Who is eligible to apply?**
To be eligible to apply you must be:
- enrolled in Year 9 or 10 in 2015 at a NSW government or non-government secondary school or college
- currently studying history and intend to continue studying history into Year 12
- an Australian Citizen or a permanent resident of Australia.
How do you apply for the scholarship?
An application form can be downloaded from veterans.nsw.gov.au/education/premiers-anzac-memorial-scholarship. It can also be obtained from Ms Davies. This should be completed and then submitted to Ms Davies by 30 November 2015. Ms Pfeffer or her representative will select one outstanding application to submit by 11 December 2015.

What are the conditions?
1. Students must have parental/caregiver permission to participate. This must be both parents in cases where parents are divorced or separated.
2. Each student application must contain comments from two referees:
   a. the first referee must be the applicant’s history teacher
   b. the second referee must be the school principal.
3. Students must agree that relevant information on their application form may be used in media releases. (Note: the NSW Department of Education and Veterans’ Affairs, Department of Premier and Cabinet, will carefully monitor information that is made public)
4. Successful applicants must produce a report on their experiences of the scholarship study tour. (This may be in the form of an essay, artwork, musical composition, tour blog or digital presentation and is to be submitted in a digital format).

What happens after you submit your application?
Ms Pfeffer will be responsible for endorsing the successful application and lodging it with Veterans’ Affairs, Department of Premier and Cabinet. The state selection panel, which includes representatives from Veterans’ Affairs, the NSW RSL and the Department of Education, will identify up to 20 scholars to participate in the tour.

Year 11 Vet Retail News
Year 11 Retail students are currently on work placement. This is a compulsory aspect of the Retail course and both the staff and students greatly appreciate the time given by local businesses who participate in the program. Students are placed in a business involved in the program and this term students have been refining their retail skills at Coles, Balloonworx, Blooms Chemist, Best and Less and Supercheap Autos. We would like to thank these businesses and their staff for helping our students to both improve and gain new skills in the retail industry.

CAPA – STATE OF THE ARTS

Larayne Jeffery – Head Teacher

University Project
On Thursday 5th November, a group of Year 9 and 10 students participated in a University sponsored project titled “Building Aspirations in CAPA”. The theme of their performance was “Performing Technology in My Life”.

Students presented a creative performance including dance, drama and lighting and video projection.
Their work was outstanding and indicated the huge effort and hard work that was required to bring to a successful completion. The students involved were:

Deena Borkowski  Ty Jackson
Ashlinn Bush    Cody Lawson
Tahlia Dicker  Abbey Laybutt
Ethan Dodds    Ava Moshage
Darryl Foster  Hannah O’Neill
Hope Garrington  Kyle Piper
Carissa Goodwin  Chloe Rolls
Hunter Grunsell  Meg Russell
Jordan Herring  Paige Trowbridge

Upper Hunter Conservatorium of Music
We are pleased to announce a partnership with the Upper Hunter Conservatorium for 2016.

This will mean greater access to specialist teachers and instrumental tutors for a larger variety of instruments. There will be no change to the structure of the peripatetic system except that students will enrol officially through the Conservatorium but will still have their lesson at school. There will be a minimal increase in the lesson cost of $1.50.

Students can request enrolment forms from the Music Staff Room, front office or from the website of the Conservatorium.

Our guitar teacher Mr Tristan Bradley will be the first teacher to work with the Conservatorium under this system and you can see his students perform on Wednesday 18th November in the LEAP Centre.

Peripatetic Concert
Guitar students of Mr Tristan Bradley will perform for friends and family on Wednesday 18th November in the LEAP Centre from 6.30pm. There will be a $2.00 entry fee and all are warmly invited to see our new performance space.

LEAP Centre Official Opening
Save the date! Thursday 17th March, 2016 will be the official opening ceremony of the LEAP Centre.

Past and present students will perform as well as some staff! The event will begin with a mocktail party in the alfresco and after the official opening ceremony, guests will partake of canapés and finger food while viewing testimonies and memorials from past students as well as a movie capturing the history of Mount View’s Music Department from 1988 til now.
Stay tuned for the list of special guest artists!

Year 8 students trialling the new USB connected ottomans during a guitar session in the LEAP centre.

The leisure activity that could permanently damage your hearing

Loud music via headphones and concerts is likely to cause a new wave of hearing loss.

A report by the World Health Organisation didn’t mince its words. More than a billion teens and young adults around the world are at risk of losing their hearing because of listening to music too loudly and too often.

According to the February 2015 report, 50 per cent of 12 to 35 year olds are exposed to unsafe levels of sound via personal audio devices, with around 40 per cent exposed to damaging sound at entertainment venues.

You can be at risk without realising it

“As they go about their daily lives doing what they enjoy, more and more young people are placing themselves at risk of hearing loss,” notes Etienne Krug, WHO Director for the Department for Management of Noncommunicable Diseases, Disability, Violence and Injury Prevention.

“Once you lose your hearing, it won’t come back,” she warns.

Elizabeth Beach, Research Psychologist at the National Acoustic Laboratories (a division of Australian Hearing) agrees, and adds, “hearing loss is the end result, but before that people can experience all sorts of communication difficulties.”

There’s a greater incidence of tinnitus (ringing in the ears) amongst people who regularly engage in noisy activities.

“Tinnitus can be a very debilitating condition, particularly if it becomes permanent,” says Beach. She warns that if you regularly experience tinnitus, it’s a sign that damage has already occurred to your hearing system.

What can you do?

- Avoid loud sounds and noise if you can.
- If you use a personal stereo, use the 6060 rule. Listen to your music at 60 per cent of the maximum volume for no more than 60 minutes a day.
- Don’t turn up the level of your personal stereo to drown out background noise.
- Use noise-cancelling headphones. These reduce unwanted ambient noise, making it possible to listen to music without raising the volume excessively.
- Use earplugs when listening to live music. These can reduce average sound levels by between 15 and 35 decibels.
- Be careful in the car. Listening to music in a confined space increases the risk of hearing damage, so don’t listen for too long, at too loud a volume.

For more information, including a Noise Risk Calculator, online hearing check and Decibel Database, visit the new website by the National Acoustics Laboratories, knowyournoise.nal.gov.au
HSC Music Written Exam

HSC Music students recently sat for their final part of the exam which consisted of a written paper discussing the concepts of music within 4 unknown musical excerpts. The students completed the examination in the LEAP centre which was comfortable and spacious with excellent audio capabilities.

Visual Arts HSC Marking

On Tuesday 27th October, HSC Visual Art Examiners attended the LEAP Centre for the official marking of HSC Art works. The markers were impressed with the standard of works and their presentation within the LEAP centre. Thank you to all CAPA teachers who contributed to the musical and creative journey of all our students during their school life. We wish them well in their future endeavours.

Yr11 Starting HSC Program

Year 11 have now officially started their HSC program, beginning with a topic study of music for Small Ensembles. They are currently beginning their first composition assessment task and are writing song melodies to accompany lyrics in their own style. One student will be performing one of these works at the Stage 5 Presentation Assembly so please come along to hear a spectacular performance.

Year 8 Case Studies

Year 8 are currently completing a case study on an artist or genre of their own choice. They must complete a range of chosen activities from a wide variety of learning styles in order to explore the music of their case study in greater depth. They will complete their final performance assessment task in the first week of November.

PD/H/PE FACULTY

Susan Ford – Head Teacher

Lifesaving Program

All students in Year 7 and Year 8 are required to complete the Lifesaving Program which is a compulsory part of the PDHPE curriculum therefore all students must attend, even if they are unable to enter the water. No normal classes will be running at school in the designated week of that year group.

The Lifesaving Program is designed to cater for the needs of all students (beginners, intermediate level swimmers and the advanced). All students can achieve an award as some awards do not even require participants to enter the water.

For beginners, Learn to Swim teachers are available to improve water confidence and learn the basics of the swimming strokes. There are numerous levels within the intermediate range, from those who can just swim across the pool to other who may be able to swim two or three laps. For advanced students they can work toward the Bronze Star, which requires high levels of fitness, the ability to swim fully clothed and to physically rescue others.

Year 7 program from 23rd to 27th November
Monday 23rd until Thursday 26th November at Cessnock Pool
Friday 27th November at Newcastle Beach/Baths

Year 8 program from 30th November to 4th December
Monday 30th November until Thursday 3rd December at Cessnock Pool
Friday 4th December at Newcastle Beach/Baths

The cost is $30 per students or $20 for season pass holders.

Project 10

Project 10 has now completed its 13th year at Mount View High School. This authentic assessment program is a highly successful mentor program engaging students in their learning and assisting students in developing independent work skills to prepare them as lifelong learners. All Year 10 students and KLAs participated in this program in Year 10. Students are
required to present tasks from each of their subject areas to a panel at the end of their Stage 5 schooling. During this interview students discuss the learning which took place and the lessons learned from the rich tasks they have completed. Community members join staff and Year 9 students on a panel to interview our Year 10 students. In 2015, 70% of the cohort received a High Distinction, Distinction or Credit.

I would like to take this opportunity to congratulate our Year 10 students for the professional manner in which they prepared for their interviews; the community members who gave up their precious time to be involved in the interview process; and to the MVHS staff who were involved throughout the year as mentors and/or as interview panel members.

Project 7 and Project 8 – Week 7 Notice
7 Dinnigan will be involved in the Project 7 interviews on Monday 16th November.
8M and 8T will be involved in the Project 8 interviews on Friday 20th November.

CAREERS

Mavis Godber – Careers Adviser
Attention students - Do you need advice about choosing a pathway? Come and talk to me anytime as I can provide you with information, advice and guidance to help you make realistic choices about education, training and work.

Students can find information on various job opportunities and courses on the noticeboard located outside the Careers Office.

Work Experience
Work Experience is a valuable tool in assisting students to make decisions about a future career. A positive experience will encourage the student to investigate further while a negative experience will allow them to investigate other possibilities.

A number of Year 10 students are arranging to do a week of Work Experience once they have completed their exams. To do this, students need to complete a ‘Work Readiness Booklet’ and return it to Mrs Godber. They will then be given the documentation that they need to take to their prospective employer for completion. This should be returned in time for the copying and dissemination of the documents to those concerned before the placement proceeds. At the end of the placement students should ask their employer to complete their evaluation which is also returned to Mrs Godber. The students will receive a certificate for their resume and the original of their evaluation.

School Based Traineeships
Congratulations to Alex Kemp and Bethany Webb of Year 10 who have both been successful in gaining School Based traineeships with Hunter New England Health. The girls will be based at local hospitals for one day each week to do their practical experience and at Kurri Kurri Hospital for their theory training. The traineeships will continue throughout Years 11 and 12 and will assist the girls in determining whether or not a nursing career will be in their future.

Apprenticeships
Congratulations also to those students who have gained apprenticeships for 2016. There are a number of Year 10, 11 and 12 students who have taken this first step towards their chosen career.

STUDENT WELLBEING

Julie Myers – Head Teacher Wellbeing
Yrs 7/9/11

Steve Quigley – Head Teacher Wellbeing
Yrs 8/10/12
Student Wellbeing News provides information, resources and updates on other information on current evidence-based research regarding contemporary issues concerning the health and wellbeing of children and young people.

**Wellbeing Apps**
Two new wellbeing apps have been released and reviewed by ReachOut.com

Goal Tapper is an iPhone application for short-term goal setting and progress tracking. After defining and setting achievable goals, young people can add notes indicating their objectives and the steps needed and receive notifications and alerts to keep them on the right path.

The Check-in app is an app by beyondblue that aims to give young people skills for asking a friend about their mental health, and offering support. Guiding you through the process of making a check-in plan, you’re prompted to select where you’ll have the conversation, how you’ll start, what you’ll mention you’ve noticed and how you will offer support. The user can send their check-in plan to themselves or to a friend, and read through tips on how the conversation might go and what to do in different scenarios. After their conversation, the user can review how it went and get tips on what to do next, including some constructive self-care tips.

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**SENIOR LEADERS & SRC**

**Grip Leadership Conference**
On Thursday 29th October 2015, four of our Year 10 Senior Leaders attended the Grip Leadership Conference at Newcastle City Hall.

Many schools from Muswellbrook right through to the Central Coast attended with hundreds of school leaders attending. During the first activity our own Georgia Hodgins was the first to complete the task and was on the stage to take out first place and put Mount View High on the map. It was not long in the next activity that Cameron Abbott was on the stage representing Mount View High and showing his competitive side and his ability to debate. Out of five activities during the
day, our students were able to win three and we were able to cheer the loudest when our school was mentioned each time.

Kelsey Hodgins, Callum Foulstone, Georgia Hodgins and Cameron Abbott were great ambassadors for our school and it was a fulfilling and informative day as we attended sessions on leadership skills, public speaking and event planning.

National Leaders Conference
On 26th November 2015, eighteen of our Year 11 Senior Leaders will be attending the National Leaders Conference in Sydney. They will be departing on the Thursday and spending the day at Chinatown then staying at the Sydney Olympic Park Ibis which is being funded by our P & C committee. We thank the Mount View High P & C for their support and helping our leadership teams have such a worthwhile experience.

Mount View Leo Club - Relay for Life
The Mount View Leo Club has a busy month. They have already joined the Mount View High school team for Cessnock Relay for Life on Saturday 17th October 2015. We had the Leo District General Supervisor, Andrew Robert-Thompson join us for the day and he ended up being dressed up and made over by our Leos to enter the Miss Relay competition which he ended up winning. We had a Leos lollies stall on the day and all money raised was donated to the day. Our own Ms Roughan and parent Mrs Taylor walked nearly all day clocking up over 100 laps and receiving praise on the day.

Congratulations to all who attended and helped raise funds for such a worthwhile cause in our own community.
Newcastle Leo BBQ

Our Leo team joined with other school Leo groups on Saturday 8th November 2015 at Newcastle Foreshore. They met with other students from Leo groups and exchanged ideas and experiences.

At our last meeting it was decided that we would collect donations of food and provisions for a child or family in need through an organisation such as World Vision or Save the Children Fund. We also will be having our final dinner for Christmas at the Aussie on Thursday 3rd December and organising our annual Toy and Tin week in the last week of November 2015.

Best wishes go to our students competing in the “Lions Youth of the Year” competition. Matt Parish, Kate Moore and Damon Dawson will be competing at Mount View High on Tuesday 10th November 2015 and Cameron Abbott and Callum Foulstone will be competing at Newcastle Lions competition on Tuesday 24th November 2015.

Appreciation goes to Cessnock Lions Club and Ian Anderson for all the support and hard work they do for this competition.

COMMUNITY NOTICES

<table>
<thead>
<tr>
<th>SKATE PARK TIMETABLE</th>
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<tbody>
<tr>
<td><strong>MONDAY</strong></td>
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<tr>
<td>General Session</td>
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<tr>
<td><strong>TUESDAY</strong></td>
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<tr>
<td><strong>WEDNESDAY</strong></td>
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<td><strong>THURSDAY</strong></td>
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<td><strong>FRIDAY</strong></td>
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<tr>
<td><strong>SATURDAY</strong></td>
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<tr>
<td>9.30 - 11am</td>
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<tr>
<td>All participants must be PCYC members.</td>
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<tr>
<td>Session costs -</td>
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<tr>
<td>Juniors - $5</td>
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<tr>
<td>Seniors - $11 (18yrs &amp; over)</td>
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<tr>
<td>Hire costs -</td>
</tr>
<tr>
<td>Equipment - $5</td>
</tr>
<tr>
<td>(Scooter Bike Skateboard)</td>
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Must have a helmet and closed shoes.
ANNALS
school of music

CESSnock
www.annasschoolofmusic.com.au

OPENING SOON AT

PCYC
CESSnock

SINGING
GROUP SINGING
GUITAR
BASS
UKULELE

CALL NOW TO BOOK YOUR LESSONS
49426287

YOUTH ROOM
OPENS OCT 14TH
WEDNESDAYS AND THURSDAYS
3.30-5.30PM

THE ULTIMATE CHILL OUT ROOM WITH A POOL TABLE,
TABLE TENNIS TABLE, AIR HOCKEY AND PLAY STATIONS
Participants must be PCYC members and entry is $2

Are you a high school band who has at least two high school aged members? Are you a high school soloist/soloist? Do you attend a high school somewhere in the Hunter Region?

Enter the Hunter School’s Rock Off Competition!

Now in its fourth year, this indent funded competition provides the chance for young musicians to kick-start their career, compete in front of a live audience and go in the running to win some great prizes!

Bands will be selected to perform at the competition on Sunday 29th November. The competition will be held at Sun Street Studios, cnr of High and Sun St Maitland.

Applications close Friday 20th November 2015 at 5pm

PCYC are an accredited provider of the Safer Drivers Course.
Guiding young people in the right direction since 1937

The Safer Drivers Course involves two modules:

Module one: A three-hour facilitated group discussion on
how to manage risks on the road. This will involve a maximum
of twelve participants and will be delivered by a facilitator.

Module two: A two-hour in-vehicle coaching session to
develop safe driving strategies. This will involve two
participants and a coach. Course cost: $140

Participants must have completed 50 hours of actual on-road driver experience to be eligible for the
course. Credits gained under the 3 for 1 scheme cannot be included.

Participants who complete the course can receive 20 hours credit towards their learner driver log book.

Please call the club for more information on making a booking.

Mills Crescent Cessnock phone: 4981 1407 or
Email: cessnock@pcycnsw.org.au.
**Cessnock Carols in the Park**

Proudly supported by Newcastle Permanent and Cessnock City Council
Baddeley Park
Friday 4 December 2015
From 6.30pm (fireworks at 8.30pm)

**FREE family event!**

Cessnock Mayor, Cr Bob Pynsent, invites you to a fun-filled family evening of local entertainment not to be missed.

Bring your picnic blanket and seats, but please leave your alcohol and glass at home.

**CAROLS BY CANDLELIGHT**

Location:
ABERMAIN PUBLIC SCHOOL

♫ Monday, 14th December 2015
♫ Gates open 5.30pm for a 6.30pm start
♫ Gold Coin Donation Entry
♫ Food & drinks available throughout the night
♫ Visit from Santa
♫ Fireworks begin at 9.00pm

ALL WELCOME!! DON’T MISS THIS ONE!!

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**CALAIS ESTATE**

presents

Shakespeare in the Vines 2016

an essential theatre production

**romeo|juliet**

Saturday February 27th

Summer 2016 will see Essential Theatre revisit the heart breaking tale, Romeo and Juliet set amongst the picturesque Calais Estate. This is one of Shakespeare’s most popular plays, and is by far one of the world’s greatest love stories.

We invite you to join us at Calais Estate and be taken on this journey as we see the tale unravel amongst a magnificent setting.

“But, soft! What light through yonder window breaks? It is the east, and Juliet is the sun”

**TICKETS AVAILABLE NOW FROM**

School Students $35 | Adult General Admission $45 | VIP Lunch Package $185

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St. Joseph’s Parish Cessnock
2015 Sacramental Programme

**ENROLMENT FOR RECONCILIATION**

Children who are in Year 4 (or older) are warmly welcomed to take this important step in their faith journey. If you feel that your child is ready to participate in this programme please note that the Enrolment Meeting will be held after 6pm Mass on Saturday 6th February 2016 at St. Joseph’s Church.

Details required are: Baptismal Certificate