The View
Mount View High School’s Newsletter
“Delivering excellence, innovation and success”

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2013 EVENT CALENDER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Mon 9th Sep</td>
<td>Year 11 Exams all week</td>
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<tr>
<td>Fri 13th Sep</td>
<td>Year 11 Exams all week</td>
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<td>Wed 11th Sep</td>
<td>Schoolboys 7’s U16’s Rugby League Gala Day at University Oval Callaghan</td>
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<td>P&amp;C meeting 6.30pm in common room</td>
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<td>Thur 12th Sep</td>
<td>Primary Middle Schools Program Presentation 2pm in school library</td>
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<td>Wed 11th to Fri 13th Sep</td>
<td>Cultural Camp at Wollombi for Indigenous Students</td>
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<td>Fri 13th Sep</td>
<td>Yr7 Gala Day at Maitland Park</td>
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<td>Mon 16th to Wed 18th Sep</td>
<td>Yr11 Crossroads Camp at Outdoor Education Morisset</td>
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<td>Tue 17th Sep</td>
<td>Yr7 Hunter Valley Zoo Excursion</td>
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<td>Thur 18th Sep</td>
<td>Yr12 Slave Day &amp; graduation practice</td>
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<td>Fri 20th Sep</td>
<td>Yr12 Graduation 9.30am in MPC</td>
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<tr>
<td>Fri 20th Sep</td>
<td>Last day of Term 3</td>
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<td>Tue 8th Oct</td>
<td>First day of Term 4</td>
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<tr>
<td>Wed 9th Oct</td>
<td>Sports Presentation 9.10am in MPC</td>
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<td>REA State Finals at Uni of Western Sydney</td>
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<td>P&amp;C meeting 6.30pm in common room</td>
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<tr>
<td>Thur 10th Oct</td>
<td>REA State Finals at Uni of Western Sydney</td>
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<td>Mon 14th Oct</td>
<td>Jnr AECG meeting at MVHS 1.30pm</td>
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<td>Wed 16th Oct</td>
<td>AECG Awards Evening 3.30pm in MPC</td>
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<td>Fri 18th Oct</td>
<td>Yr8 &amp; Yr10 Principals Assembly in MPC</td>
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<td>Mon 21st Oct</td>
<td>Yr10 Project 10 Formal Interviews AECG meeting at MVHS 4pm in common room</td>
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<td>Tue 22nd Oct</td>
<td>Yr10 Project 10 Formal Interviews</td>
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<td>Wed 23rd Oct</td>
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<tr>
<td>Tue 29th Oct</td>
<td>Yr7, Yr9 &amp; Yr11 Principals Assembly in MPC</td>
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PRINCIPAL’S MESSAGE

Ms Desley Pfeffer

Welcome to our last newsletter for Term 3. It is hard to believe that another term has flown by and that shortly we will be farewelling our Year 12 students as they head into the HSC examination period. In doing so I would like to say how proud I am of these students – they are continuing to work diligently towards the examinations and to plan for a wonderful future.

I have been most privileged to work with four wonderful young people who have been our School Captains and Vice Captains over the last 12 months. I would like to extend my sincerest thanks to Kasey Williams, Jackson Jeffery, Samantha Hayes and Nathan Blackburn for their support, collegiality and leadership.

In doing so I am now also very excited at working with our incoming School Captains Kelsey Harvey and Jordan O’Brien, and Vice Captains Imogen Tregenza and Murray Thompson. It was an absolute delight to be able to invite my outgoing and incoming captains for lunch at Drayton’s Log Press Café at Pokolbin recently and to hear their plans for the future.

This edition of our parent newsletter is filled with stories of the many activities and successes at our school. As the largest educational facility in the Cessnock area it is also a school that is full of opportunities for students – in the classroom, on the sporting field, in developing leadership qualities, and for pausing to support many humanitarian and charitable causes. My staff and I are committed to providing the best possible educational experience for our students and we are extremely fortunate to have wonderful support from our parent and business community.

FACULTY LEADERS

English Philip Jenkins     PD/H/PE Sue Ford
Maths Andrew Gill         TAS Grahame Chamberlain
Science Rlg Natalie Death Welfare Julie Myers
Social Science Bruce Deer Administration Rlg Liz Alder
History Lynne Davies      Teaching/Learn Leanne Triggs
CAPA Larayne Jeffery

YEAR ADVISORS

Year 7  Rebecca Bartlett Year 8  Angela Roughan
Year 9  Sharon Curran   Year 10  Christine Bell
Year 11 Nathan Russell  Year 12  Daniel Matzen
I have taken the opportunity this week to remind students of how they can assist us to ensure that we have a safe and respectful school. Firstly, I have reminded students that, should they feel unwell at school, they should report to the clinic rather than phoning their parents directly. Our clinic staff are fully trained in first aid and, should your child be too unwell to remain at school, they will contact you immediately to make other arrangements. This process allows us to be aware of your child’s whereabouts at all times and to fulfil our duty of care.

Secondly, I have reminded students about items that should not be brought to school. Some are quite obvious – cigarettes, lighters, alcohol, illegal substances or anything that can be used as a weapon or to cause harm such as knives, sharp implements etc. However, some items are less obvious and include permanent markers, metal rulers, laser pointers, liquid paper, and chewing gum. Students should also not bring medications, including pain medications such as Panadol etc. If there is a need for a student to have medications at school then please contact our Head Teacher Welfare, Mrs Myers, or our clinic staff who can explain the correct procedures to follow so that medications can be administered safely. I have also explained to students that aerosols should not be brought to school and have suggested to them that, if they wish to have deodorant, then roll-ons or gel/stick deodorants should be purchased. Many of our students and some staff unfortunately suffer from chronic asthma and, when students are spraying aerosol deodorants we run the risk of causing severe asthmatic reactions.

I wish you all and very safe and enjoyable holiday. School resumes for all students on Tuesday 8 October.

P & C NEWS

At the last P&C meeting, Mr Peter Mitchell delivered an insight into the school’s revised Anti-Bullying Plan and the revised Student Welfare Policy.

The P&C have been asked to review the documents and advise of any areas of concern. The P&C will be looking to endorse the documents at our next meeting. Julie Myers also gave us an insight into the cyber safety awareness program she is running with the students. This is a very worthwhile program. If any parents are interested in more information they should log onto www.cybersmart.gov.au

A decision on the extension of the existing music learning area will be held over till the next P&C meeting, as we are still waiting on one more quote.

The next P&C meeting will be held on Wednesday 11th September 2013 commencing at 6:30pm in the Common Room. All parents are welcome to attend.

DEPUTY’S REPORT

Mr Peter Conroy - Yrs 7/9/11

Subject Selections and Class Placements
For Year 7 students going into Year 8, class placements will be influenced by results obtained throughout the year and in particular, the second semester. It is important that students make a genuine effort to achieve at their potential in all tasks between now and the end of the year.

For Year 9 students going into Year 10, an opportunity to change electives will be made available to students toward the end of the year. This will not be a restructure of the electives. Any changes will be dependent on the student showing diligence in their current subject and space being available in the new subject. It would be anticipated that students would only be allowed to change one subject and would have passed the subject that they are leaving.

Laptop Update
Thank you to students and parents who have been patient with concerns raised about laptops. The school is currently working through a number of requests to have laptops fixed. I would remind you however, of the charter which places an onus on the students to ensure that the laptop remains in good working condition. I accept that accidents happen but this does not automatically make it someone else’s responsibility to pay.

For Year 11 students going into Year 12, students will be able to drop subjects, however they must still have ten units, after the second week of Term 4. By this time students will have been made aware of any “N” determinations and their end of year results will have crystallised ideas about the prospects of success in various subjects.
For Year 12 students returning to complete a pathways pattern of study, it is imperative that they speak to Mr Conroy as soon as possible. Their names will not automatically be included in the new class lists and subject options change each year so time is required to ensure correct placement.

**Homework Centre**
We have been advertising the Homework Centre throughout the year. It is now becoming very popular. As we approach the end of year exam period could I strongly encourage students to use this facility. Parents are reminded that the centre is in the library, it is open each Monday from 3.00pm to 5.00pm, with parents welcome to attend as well; also you are welcome to bring primary age students who may like to do their work using our facilities or get help from the teachers.

**Aboriginal Education**
My thanks are extended to Mrs Sandra Sullivan for developing an Aboriginal news section of the newsletter. I won’t steal her thunder but will mention a couple of things briefly. Firstly at the Close The Gap League game at Hunter Stadium, our students walked around the field at Half Time in the Knights v Storm match. They were proud members of their culture and of the school and are to be congratulated on their involvement.

Secondly, upcoming meetings; the next AECG meeting will be held at 4.00pm at Mount View HS on Monday 21st October; the next JAECG meeting will be held on Monday 14th October at 1.30pm in the Ag Room, the Pathway Awards Ceremony will be held at MVHS on Wednesday 16th October at 3.30pm. You are most welcome to attend these events.

**DEPUTY’S REPORT**

Ms Julie Smith - Yrs 8/10/12

**Year 8**
Elective subject selections for 2014 have been completed for our current Year 8 students. We were very pleased with the computer matching to student choices, but unfortunately a few students will need to be interviewed to reselect electives as their initial selections will not run in 2014. We know that students when they enter Year 9 do so with a renewed commitment as they have had a say in the subjects they study.

It is important for all Year 8 students to maintain their work ethic until the end of Term 4, so that they qualify for the Mount View High School Stage 4 Certificate. These will be presented to all Year 8 students who have satisfied learning outcomes at one of the two formal Presentation Assemblies to be held in December. This certificate marks the successful completion of Stage 4 and allows students to enter Year 9 and 10, Stage 5, in 2014.

**Year 10**
Year 10 students have been involved in their subject selection processes for their senior years of schooling. Round 2 of subject selections is underway as unfortunately, not all subjects selected by students in the initial round were able to be offered. Students who need to select second choices, will be interviewed, so that these choices are informed and thoughtful.

As always we encourage students to plan their ‘exit strategy’ from Mount View High School. This may be the achievement of their Higher School Certificate and ATAR or the completion of their HSC with a plan to continue study at TAFE as part of an apprenticeship; it may also be completing senior studies until the age of 17, when they will enter the workforce. The most significant success comes from setting a personal goal and working steadily towards this. We encourage students to continue to ask for help and guidance with regards career and pathways aspirations.

Year 10 students who successfully complete their Stage 5 subjects can also look forward to the Stage 5 and Preliminary HSC Presentation Assembly in December. Those students who have outstanding ‘N Award Warnings’ need to work with their teachers to redeem these warnings, so that course outcomes can be achieved. Any student who is deemed as not satisfying course requirements will be interviewed and will have the consequences explained. These may include the withholding of the Record of School Achievement by the Board of Studies and the Mount View High Stage 5 Certificate by MVHS. These students may be ineligible to begin Senior Studies. The advice is clear – complete all set tasks to the best of your ability, attend regularly and seek assistance when required.
Year 12
Year 12 students are nearing the end of their formal schooling, with their Graduation Assembly set for Friday September 20th. This assembly is a highlight of our school calendar as we celebrate the achievements of all Year 12 students.

Congratulations to all Year 12 students who have submitted practical works and performances for your HSC. It was wonderful to see the results of the talent and hard work of our HSC students! Students are advised to continue working steadily and work with their teachers to complete course work and prepare useful summaries for all sections of their courses. The assessment period has finished, but 50% of the Higher School Certificate is still there for the taking. A regular study program and access to the Board of Studies website as well as practice HSC questions completed for your teachers will all assist in familiarising yourself with the expectations of each examination paper.

Your teachers continue to be proud of the work that you have completed and look forward to working with you to achieve your personal best in the upcoming examinations!

ATTENDANCE

Phone Calls Home from Students
Mount View High has a fully functioning Clinic with qualified staff members who are the first point of call for all sick students.

Students are not permitted to phone parents directly to come to school and collect them.

Students will be taken to Clinic with authority from their classroom teacher as the need arises. The Clinic staff will administer aid as required and if the child is too unwell for school they will make contact with the parent.

Knowledge of the student’s whereabouts between the hours of 8.30am and 3pm is a legal requirement of the school. Students must sign out of school using the official mechanisms. If they are sick and granted leave during the school day, this must be done through the Clinic.

Students making contact with people during class by mobile phone are in breach of the School’s and Department rules and Code of Conduct.

Study Leave Reminder
Senior students have signed a Code of Conduct style contract earlier in the year regarding their use of Study Leave. Study Leave is granted on the basis of responsible behaviour and with the intention of a student leaving the school grounds to access Cessnock Library or other educational resources at home or in the community. Study leave is not to be used for purposes other than legitimate educational reasons.

Students going on study leave should have a minimum of 1.5 hours without timetabled classes during the school day and must “swipe” in and out via the Attendance Office.

Early leave and late arrival to school when a senior has timetalled classes is the same as in Junior years. This means that they have authority in written form from their parents.

Any further information regarding Senior Leave can be gained by contacting the Attendance Office 49902566 ext 1.

CCGPS

The Cessnock Community of Great Public Schools (CCGPS) has developed an exciting and interactive new website to support our families and the broader community. Learn more about the initiatives in place across our schools, creating strong educational pathways for all our students. Great links to parent support sites and local community services, and information about who we are and what we are doing within your community.

Check out the new website and get involved in your child’s future today! www.ccgps.schools.nsw.edu.au
HISTORY FACULTY

Without History There Is No Tomorrow!
Lynne Davies - Head Teacher History

Gallipoli 2015
On the 21st August 8 students from Years 8 to 10 presented their research on a World War I soldier to a panel which consisted of Ms Lynne Davies, Mrs Julie Smith, Mr Max Lewis, representing Cessnock RSL and Jackson Jeffery, representing the students of Mount View High School.

The students were Dahnley Crossie, Sarah Donn, Matthew Griffin, Sidnee Harris, Luca Hawkins, Zac Maloney, Lucy Neville and Hannah Onion. Each was required to present their findings and answer a series of questions in the hope that they would be chosen to represent the school at the final selection process to decide who would represent the school in Gallipoli 2015. The research was of the highest quality and each student spoke eloquently and passionately about their chosen soldier. It was clear that they had conducted extensive research and many of them spoke about their soldier ‘being with them forever.’

The work completed by the 8 young men and women made the decision difficult for the panel who deliberated for most of Wednesday afternoon. Finally a decision was reached with Hannah Onion and Dahnley Crossie being selected to go on to the final selection level and Sidnee Harris and Matthew Smith being selected as the 2 reserves.

An official announcement was made by Ms Pfeffer at a special morning tea on Friday the 23rd August. All of the students are to be congratulated on their research and the manner in which they have conducted themselves throughout this process. They are all excellent representatives of the school.

Staff Changes
At the beginning of Term 4 the History Faculty will be joined by Mrs Slaney who will replace Ms Redfern.
I would like, on behalf of the staff and the students, to express my gratitude to Ms Redfern for her dedication to her classes and the contributions she has made the History Faculty. We will miss her friendship and wish her the best.

Year 8 Aztec Task
Last semester 8T and 8V studied the history of the Aztecs. During the topic, the two classes studied the way that they lived, day to day activities, their diet, and cultural beliefs. With their new found knowledge they all participated in creating various items such as models of chinampas (floating gardens) and huts, artworks showing cultural beliefs, and textbooks containing their knowledge on the topic.

This semester 8I have continued the great creative work and have produced some noble fans.

Model of a Chinampa and a Hut
Textbook on the Aztecs and noble fans
A mosaic of a traditional Aztec mask
**CAPA SUCCESS**

**Face In A Landscape 2013**

Well done to the Year 7 Visual Art classes who have worked hard over the last few weeks to create artworks for this year’s Face Exhibition held at Maitland Regional Art Gallery.

This year’s theme was Face in a Landscape and students surprised us with their creative interpretations of this theme. Unfortunately Mount View High is unable to send more than six works to be considered for exhibition. From these six works the gallery will then make their own curatorial decisions selecting only the artworks that appeal to them.

The Visual Art staff found preselecting these six works challenging due to the range of ideas and quality of works presented. Congratulations to Daniel Lambkin, Anna-Marie Graves, Brendan Gleghorn, Tanika Mac Gregor, Isabella Baer and Georgia Bailey whose works were chosen to represent Mount View High School.

We look forward to hearing back from Maitland Gallery with their selection for this year’s Face in a Landscape Exhibition to be held later this year.

**Artist Of The Month**

Congratulations, **Dee Templeton & Jessica Wadwell**

For artist of the month we have chosen two students from Year 10 Photography who had their work selected for an exhibition called ‘Showcase’, held at Maitland Regional Art Gallery recently. Jessica’s work titled ‘Tracks’ and Dee’s work titled ‘Maitland’, consisted of four silver gelatine photographs each. The works were part of a photography unit completed in Term 1 called ‘Urban Angle’ which required students to photograph their urban environment using black and white film, process the film (old-school) and make quality enlargements based on an urban theme.

Well done girls!
Mount View’s Got The X Factor
MADD night was highly successful with some amazing performances from our talented music and dance students as well as a guest performance from the band ‘Fortunate’.

Our artistic students provided an outstanding exhibition and our drama students presented a number of advertising commercials on the big screen.

Pre-ordered souvenir programs and DVD’s are now available for collection from Mrs Jeffery. Anyone who is wanting to still order a DVD please see the Administration Office.

SCIENCE

Natalie Death - Relieving Head Teacher of Science & Agriculture

As we start to turn our attention to the term wrap up, I am pleased to report on the progress of our wonderful students.

Year 7 classes are in the midst of learning all about different types of forces and the properties of solids, liquids and gases.

Year 8 classes have been investigating how scientists can separate substances using filtration, evaporation and crystallisation.

Year 9 classes have been discovering the processes of mitosis and meiosis and how our reproductive systems work.

Year 10 classes are looking at how we conduct a variety of chemical reactions and how we predict the products of these.

A team of year 9 and 10 students competed in our annual Science and Engineering Challenge held at the University of Newcastle. Students had a fantastic selection of activities to complete and did us proud with their determination and ingenuity. Particular mention needs to made of the “bridge building” team who won their event with the strongest, lightest bridge built. Congratulations Banjo Major, William Roland-Batty and Austin Rees for your spectacular effort!!

Special mention needs to be made of some spectacular efforts in the classroom:  
7T – some excellent reports are making their way to me about their fantastic attitudes towards learning.

8I – are tackling some difficult concepts and are thriving.

9A4 – have settled extremely well for Ms Stenhouse while Mr Bragato is on leave.

10B4 – PBL encouragement awards for this class who are working cooperatively.

11 Primary Industries – are charging ahead through their course and have been working the farm and its animals so productively. Well done to the Steer Team who achieved some excellent results in the Tocal Steer Competition.

Our senior students are progressing well in their selected courses and by all reports are determined in their pursuit of excellence, in particular, Jacob Roland-Batty from 11 Physics, Jordan O’Brien from 11 Biology, Murray Thompson from 11 Chemistry, Claire Taylor from 11 Senior Science, Dylan Craft from 11 Primary Industries, Rhain Smith from 12 Physics, Courtney Archer from 12 Chemistry, Nic Dawes from 12 Primary Industries, Jessica Kelly from 12 Biology and Aiden Bostelaar from 12 Senior Science. Well done to these students and I look forward to congratulating more students in the months ahead.
Rio Tinto Big Science Competition
On the 26th May this year 56 students from Years 7 to 10 sat the Rio Tinto Big Science Competition. The competition is a one-hour paper consisting of 30 multiple choice questions based on skills and knowledge from each stage of Science. Mount View High School had entrants in each section of Junior and Intermediate. From these participants there were 12 students awarded a credit, 2 students awarded a distinction and 2 students awarded a high distinction. A high distinction is awarded to the students who scored 95 – 100%, a distinction is awarded to the students who scored 85 – 94% and a credit is awarded to the students who scored 60 – 84%.

The awardees were:

**Credit:**
Matilda Brown (7), Paige Trowbridge (7), Aiden Walker (7), Michael Walters (7), Connor Garrington (8), Jarod O’Neill (8), Sarah Passfield (8), Magdalen Plater (8), Jack Stephenson (8), Damon Dawson (9), Georgia Eddy (10), Hannah Onion (10)

**Distinction:**
Jordan Flett (10), William Roland-Batty (10)

**High Distinction:**
Luca Hawkins (8), Banjo Major (10)

**AGRICULTURE**

Samantha Jarrett – Ag Teacher

Mount View on Show
I am pleased to say our Mount View Show Steer Team 2013 has done the Ag department and our school proud.

Recently the mix of Year 9, 10 and 11 students competed against other Hunter and Central coast students in a variety of beef cattle events from judging to parading, public speaking and stall management. It was a pleasure to watch the students excel in their chosen fields; they looked and acted the part. All the long hours and hard work put in on the farm in their recesses and lunches paid off.

Well done Steer Team.

**Final Results for TOCAL Comp:**
Dylan Craft - 1st place in Snr Oral Presentation and 3rd place Snr Judging
Wade Pringle - 2nd place Herdsman
Mackenzie Pringle - 2nd place Jnr Parading
Rhiannon Avery - 3rd place Jnr Parading
Maddie Burgess - 4th place in Snr Parading
At the end of the term the team will compete at the Singleton Show. This will be our first time competing at Singleton against mostly Hunter and Upper Hunter schools. I want to wish the team luck and I hope they have a great time.

This opportunity would not be possible in our school without some key organisations and people who continue to support our children.

- Parents and families of students for support and encouragement, late pick-ups from school and early morning drop offs, weekend trips in and even turning up as our own personal cheer group on show day.
- TOCAL AG College and in particular Bruce West who organises this event each year.
- Coal and Allied who sponsor the event each year financially.
- Castlereagh Feeds for supplying some of the feed required to keep the cattle healthy
- MVHS P&C for ongoing financial support for items small and large like halters and scales.
- Steve Easy transport for always lending his support and carting our cattle safely to and from shows.
- Mr and Mrs Smith (Jake and Dylan’s grandparents) for supplying two beautiful heifers and ongoing words of advice to both students and teachers involved.

And last but certainly not least Craig Jarrett and Phil Dearin for spending so much of their time both during
school hours and out of school hours to teach the students how to prepare and show cattle, feeding and taking care of the cattle and organising the transport of both cattle and students to the event. These types of extra-curricular activities are only able to be run in our school if there are staff willing to put in their own time and hard work to get them up and running. They are not timetabled into our lessons. Staff directly involved use their free lunch times and weekends to teach students skills that are not in the syllabus, but are relevant to our specialist areas. The Science staff also deserve a huge thank you. They are not directly involved in the event, but always stick together and support these activities by taking extra lessons in their free time so we can take the kids out for the day to shows and help the students catch up on missed work when they get back.

I look forward to updating you all very soon on the Singleton Show events, in the meantime, thank you to all the following Show Steer Team members; Jake Craft, Dylan Craft, Wade Pringle, Maddie Burgess, Tom Caban, Mitchell Mitchell, Rhiannon Avery, Olivia Hancock, Jaeden Ewing, Angel Mitchell, Sidnee Harris and Mackenzie Pringle.

TECHNOLOGY AND APPLIED SCIENCE (TAS)

Home Economics
Look at all the wonderful things happening in Home Ec! Yr 12 Exploring Early Childhood and other students painted bras for the Breast Cancer Foundation.

Year 10 students prepared and served afternoon tea for the 2013 Education Week Reception which was held at Mount View High School.

Yr 9 Food Tech students cooked amazing food
**Science and Engineering Challenge**

On the 24<sup>th</sup> July 8 teams consisting of students from Years 9 and 10 travelled to Newcastle University to compete in the Science and Engineering Challenge.

The Challenge consists of a number of problem solving exercises. Points are received for the completion of each exercise and tallied to give an overall score on the day.

Banjo Major, Adam Shepherd and Austin Rees placed first in the Bridge Building activity where they had to design the supporting structure for a bridge and survive the “bridge buster”.

Other activities included World Sailing Spectacular, Air Ship, Catapult, The Dish, ElectraCITY, Helter Skelter Shelter and Stringways.

The rest of the teams performed consistently throughout the day to contribute to our overall placing.

Mount View High placed fourth overall for the day. All students had an enjoyable day and would highly recommend Year 9 and 10 students to consider entering next year.

Coming up next term is an opportunity for students in Year 8 to participate in a similar activity run by the University of Newcastle called Build ME a Future Day. Students in 8M and 8T are encouraged to talk to their Science teacher about this opportunity.
STUDENT WELLBEING

National Child Protection Week - 1-7 September
Protecting children is everyone’s business. Play your part by reporting the abuse, neglect or exploitation of a child to Crime Stoppers on 1800 333 000
Find out more http://napcan.org.au/

HPV Vaccination Information
In 2012, the Australian Government announced that human papillomavirus (HPV) vaccine would be provided free to male students in high schools from 2013.

From 2013, males in Year 7 in all NSW high schools will be offered HPV vaccine annually. In addition, males in Year 9 will be offered the vaccine as part of the national ‘catch up’ program in 2013 and 2014.

Males who are 14-15 years of age in 2013 and who are in Year 10 can receive free HPV vaccine at their GP during 2013 only. It is important when making the GP appointment that the receptionist is informed of the reason for the visit and that sufficient time is allowed for the vaccine to be ordered and delivered to the GP.

HPV vaccination will continue to be offered annually to female students in Year 7 only. The Australian Government has developed information for parents, students and health professionals about HPV vaccination.

National Self-Detection Program for Scoliosis
Scoliosis (spinal curvature) is an important health problem for adolescent girls and 25 per thousand are at risk of developing a significant curve. Screening in the age range 11-13 years is a sound preventative health measure.

Girls in Years 7 and 9 have been given a brochure to help make parents of schoolgirls aware of the outward signs of scoliosis. After reading the brochure if you think your child may have this condition, please consult with your family doctor.

Student Medical Forms
Revised medical forms were posted at the beginning of this term to families of students who we are aware have a severe medical condition. It is extremely important that the school has an updated copy of our students’ medical conditions on file. Parents who have already received a copy of the Student Medical Form are asked to return it to the Administration Office immediately.

During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up-to-date information on your child’s health.

If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can.

The good news is we have already started collecting some of this information, which means less for you to do. The new forms will help us collect your child’s important medical information and the introduction of new systems will mean we’ll be able to better manage the daily and emergency health needs of your child.

We appreciate your support as we start collecting the information, and if you have any questions please call.

Racism
Students are to report all forms for racism to Ms Alder.
Is your child cyber safe?

As part of our ongoing effort to educate our students about protective behaviours in regards to the use of technology, Years 7, 8 and 9 students have participated in a series of cyber safety workshops focusing on cyber bullying, sexting, digital reputation and bystander behaviour. During the workshops students revisited the school’s Anti Bullying policy, gaining a deeper understanding of the procedures in place within the school setting. Students were issued with a brochure providing up to date websites where support and help can be found.

Our Police Liaison Officer, Senior Constable Kim Smith has endorsed these workshops and will visit our school early Term 4 to deliver a series of workshops to Year 10 students. Three crime safe newsletters are included in this month’s View to support and provide families with valuable information. Please take the time to discuss this issue with your child so we can all work towards keeping our young people safe.

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**Crime Time**

With Senior Constable Kim Smith
Your School Liaison Police Officer

Hi everyone. I am your School Liaison Police Officer. The topic for this week is Cyber bullying. And how we can all get along while using technology. Cyber bullying is a form of bullying using text or images posted on personal websites or sent by mobile phone or email.

**Kids:** These tips are for you!

1. **Be careful!** Meeting people online might be fun but remember that the people you meet online may not be who they say they are.
2. **Check with parents or carers first!** Ask your mum or dad or carer before you give out your personal details like phone number, email address, home address.
3. **Don’t stay and don’t respond!** If someone in a chat room posts offensive pictures or says something rude or scary, or if you are sent these in an email, don’t respond. Save it and always leave the chat room straight away.
4. **Tell!** If you see upsetting language, nasty pictures or something scary tell your parent or another adult you trust. Use an on-line report feature.
5. **Say no!** If you have a webcam and someone asks you to do or watch something that you find upsetting or wrong say NO! Tell your parent or another adult you trust.
6. **Be considerate!** Only send the kinds of messages and pictures that you would be happy to receive. If someone sends you nasty or bullying messages, or asks you to do something that makes you feel uncomfortable, don’t respond. Make a note of the number it came from and tell your parent or a trusted adult.
7. **It’s public!** Remember you may feel you are just talking to friends on the internet but chat sites are public and the whole world could be tuning in.
8. **Do the right thing!** Don’t be a cyber bully. Your actions can be traced and could get you into trouble with the law. A criminal record is forever!

Remember, treat others as you would wish to be treated.

[See you all next time!]
Have you heard of Ask.fm? No doubt you have. Ask.fm is a popular site amongst teens, especially girls, with over 40 million users world-wide. The site allows users to ask questions anonymously. These questions can be hurtful, sexually explicit and enables bullying. As bullying on Ask.fm is currently a big issue, the below may come in handy to inform students before they risk getting bullied!

One smart tip for students that are going to use this site is to know how to disable anonymous questions, and know how to block a user. These steps won’t eliminate bullying however it’s a small step towards increasing their safety.

It only takes 1 nasty comment to undo 100 nice ones, so disabling anonymous questions is not only about safety, but about keeping their self-esteem intact.

It’s also handy for students to know that every single click they make in the cyber world is connected to an IP address and that IP address can be traced back to them. The below is from http://ask.fm/about/privacy

Disclaimer
However, any information collected by ask.fm may be shared if it is necessary to investigate, prevent or prosecute illegal activities, suspected fraud, violations to the Terms and Conditions, or as otherwise required by law or a valid government request (including, but not limited to, search warrants, subpoenas or court orders). Ask.fm may also share information if it is acquired by or merged with another company. In this event, ask.fm will notify you before information is transferred and becomes subject to a different privacy policy. Ask.fm reserves the right to use and disclose any information collected that is not in personally identifiable form.

Fresh from the ‘Coffee Shop’
This term our fantastic Coffee Shop team have been cooking up a storm! Some of the delicious dishes we have created include ‘Chicken and Chorizo Paella’, ‘Quiche Lorraine’, ‘Minestrone Soup’ and for dessert, ‘Pear Tartine’ and our signature dish ‘Melting Moments with Affogato’. All students in our team have been working very hard this term and are definitely proving their efforts with their results!

Last week we had two Year 6 students visit and participate in the Coffee Shop morning. Amber T from Cessnock Primary School and Connor S from Branxton Primary School took part in the morning as part of their Year 6 to 7 transition program. The Year 6 students are attending Mount View in 2014 and will be involved in the Coffee Shop. Amber and Connor assisted the team in preparing food for staff that was served at recess. Students also created their own snack (Ham and Cheese Quesadillas) that they thoroughly enjoyed! They were very pleased with their time spent at the visit and are looking forward to attending Coffee Shop next year.

Our Coffee Shop team have been working flat out this term. All students have put in a consistent effort to create and deliver delicious meals each week and deserve a great big pat on the back! Go Coffee Shop!
Father's Day BBQ Breakfast
Friday 30th August was a glorious morning for our annual Father’s Day BBQ. It was great to see such a fantastic turn out which made for a thoroughly enjoyable and successful event. Special thanks to all the staff who helped out and to students and their guests for attending. We look forward to seeing everyone again next year.

Mount View High School would like to thank Bunnings Cessnock and Pedens Hotel for their wonderful contribution to our Father’s Day lucky door prize.

SPORT

Sport Presentation 2013
On Wednesday 9th October 2013, in the School Hall we will hold our annual Sport Presentation. It will commence at 9.10am. Parents and friends are encouraged to attend.

The presentation is designed to recognise the outstanding sporting achievements of students at Mount View High School. Students are asked to be in full school uniform including black shoes.

The following is a preliminary list of students who will be receiving awards.

Dylan Allen Fanogo Maher
Sam Apthorpe Jake Maloney

Jacob Brown Brooke Marshall
Matilda Brown Georga Mattiussi
Aiden Bryant Liboire Mbonabuca
Marnie Bullen Lindsay McCallum
Madeline Burgess Corey McDonald
Teeghan Burgess Jake McMahon
Jennifer Cartwright Quinn McPike
Hayden Cashmere Liam Mears
Sarah Clarke Jonty Mikisch
Atreus Colbran Lachlan Miller
Clayton Colgan Bryce Morley
Joshua Craig Amy Murnane
Brooke Crouch Jye Nightingale
James Crouch Mason Nugent
Mitchell Curtis Sophie O’Brien
Lindsay Daniel Bryce Parker
Jared Deck Caitlin Radimey
Anthony Dixon Nydelle Reid
Tamara Dixon Jack Robinson
Jayden Ewing Liam Robinson
Ryan Forrest Keely Roe
Jessica Gallen Jacob Roland-Batty
Sarah Gallen Garry Russell
Connor Garred Sophie Russell
Connor Garrington Jordan Schofield
Emma Hall Tate See
James Harman Sam Skinner
Reece Harris Joseph Smith
Tuhoe Haruru Patrick Smith
Luca Hawkins Taneeka Smith
Jack Hindarsh Sean Smyth
Ella-Rose Hugo Brad Sneddon
Nicholas Hurn Sophie Stephenson
Darren Iliffe Aaron Stevens
Jordan Jackson Sean Symth
Chantelle Jones Murray Thompson
Sharmain Jones Eliza Towndrow
Daniel Jurd Alan Tull
Jessica Kelly Jessica Wadwell
Alex Kemp Jye Wallace
Chris Kermode Emma Whitely
Daniel Lambkin Brodie Whiting
Angus Lethbridge-Coyle Jacob Wilson

Horse Sports Success
Congratulations to Abby Baker in Year 8 who has recently represented Mount View High in Horse Sports.
Abby attended the Dungog horse sports day a few weeks ago and was placed in almost all events ending the day as senior rider of the day.

Last week Abby attended Gloucester horse sports and achieved 2 firsts, 1 second, 3 thirds, 3 fourths, 1 fifth. Congratulations.

**YEAR 7 REPORT**

It’s difficult to believe that we are approaching the final term for 2013, and the end of Year 7 for a wonderful group of students. It has been a pleasure to watch Year 7 2013 grow throughout the year and become involved in a whole range of school activities including MADD night where all students had art works on show, Bro and Sister Speak for indigenous students, Maths Fun Day, a variety of resilience and anti bullying programs as well as debating and our recent involvement in the Mayoral Challenge.

A big event coming up is the Year 7 Gala Day to be held on Friday the 13th of September where students have selected sports, put themselves in teams and will compete in a range of different sports against schools from around the district. I wish them all the best for the day.

Next term those students who have an excellent attendance record and have displayed PBL values consistently throughout the year will receive an invitation to the reward excursion at the end of the year so I encourage all students to be here and be respectful, responsible and excellent at all times.

**Mayoral Academic Challenge Team**

Ryan Forrest, Brock Sinclair and Lachlan Burns

**SENIOR LEADERS & SRC**

Our new Mount View High Leos Club has been busy helping the local Lions Club with their BBQs at Big W and Bunnings. They have regular meetings at the school and are starting to decide on a community project since their Charter night which was on Wednesday 7th August 2013. We thank Mr Ian Anderson and the local Lions Clubs for their continued support and advice. If there are any suggestions, please inform the school via the office. They also organised a Leos Lollies stall at our Team Ivy Day and helped with the fundraising of the special day.

Our new Senior Leadership Team has had little time to settle in before having to help with fundraising within the school. Four of our Senior Leaders have recently been invited to be the guest speakers at the Cessnock Rotary dinner. Maddie Burgess and Caitlin Ivan were able to join the Rotary members at Potters Tavern on Thursday 29th August 2013 and they spoke about their experiences of being involved in Rotary MUNA (Model United Nations Assembly) which they attended in Muswellbrook in May of this year, with other school teams from around the state. Mount View High was privileged to enter two teams: Maddie Burgess, Caitlin Ivan and our exchange student Fanni Orr who represented Italy and Kasey Williams and Madelyn Parsons who represented Canada.
We thank Cessnock Rotary and Kurri Kurri Rotary for their continued support and sponsorship of our students.

![Image of Cessnock Rotary and Kurri Kurri Rotary members with students]

Ten of our new Year 10 Senior Leaders will be representing Mount View High on Thursday 5th September by selling Legacy badges at our main street and shopping centres. Please support our Senior Leaders on this day for this worthy cause.

The Senior Leaders have been amazing with their support and help of the NSW Parkinson Unity Walk and Team Ivy Day.

**NSW Parkinson Unity Walk**

On Sunday 25th August, 46 staff members, students and ex-students meet at the school bus bay to meet with Mr Phil Papworth and his lovely wife Ilze. Mr and Mrs Papworth were there to farewell us on the coach which was kindly donated by Rovers coaches. Phil Papworth is a former principal of our school and he suffers from Parkinson’s disease. He was not well enough to join us on the bus on the day, as we were heading off to Sydney Olympic Park to walk in his honour at the NSW Parkinson’s Unity Walk. We joined more than two thousand other participants at Olympic Park and we had the perfect sunny day to complete the 4km walk. It was a great day and it was amazing to see the support of so many for such a great charity. We were able, as a school group, to donate $2290 to NSW Parkinsons on the day. The behaviour of the students was impeccable on this day and we thank all for their support and giving up time on their weekend to think of others.

![Image of NSW Parkinson Unity Walk participants]

![Image of NSW Parkinson Unity Walk participants]

![Image of NSW Parkinson Unity Walk participants]

![Image of NSW Parkinson Unity Walk participants]
Team Ivy Day
Team Ivy Day was held Friday 30th August 2013. It was an amazing day where students and staff dressed in the theme of “Fairies and Super Heroes”, as we honour one special girl – Ivy Tregenza.

Her sisters, Maddie and Imogen Tregenza were instrumental in organising Team Ivy Day four years ago to help fundraise for their little sister, who suffers from Immune Deficiency Syndrome. Ivy is the face of the Starlight Foundation and Red Cross, as she needs constant blood transfusions. Last year we were able to fundraise $4500, which was donated to the John Hunter Childrens Hospital to start a new program called “Beads for Bravery”. Mount View High was the major sponsor and helped to start off this program. Our Principal Desley Pfeffer and our Vice Captains Samantha Hayes and Nathan Blackburn were invited to the official launch of the “Beads for Bravery” program at the John Hunter Childrens Hospital. They were also given a tour of the hospital and shown how this program helps the sick children during their treatments and stay.

Students gave a gold coin donation at the gate as they were dressed as fairies and lots of different characters from supermen to gorillas.

Before 9am on the day, the Senior Leaders had collected over $1600 in donations. During the day, students had the opportunity to buy pizzas, fairy floss and hundreds of cupcakes or to buy articles from our Trash and Treasure Stall or Op Shop.
A special assembly was organised at 1:30 pm and fortunately the hospital gave Ivy some release time to join us for her special day. She looked amazing in her princess fairy costume and she captured the hearts of all on the assembly. Ivy and her twin brother Noah were able to pick from hundreds of dressed up students and they were able to narrow it down to one winner – Maxine Chapman.

A huge chocolate raffle was won by Lachlan Benn and Samantha Hayes won the Fairy Floss Basket. Students were then given time to be spectators at Ivy’s Dance Concert or to watch Noah’s Soccer team be defeated by Mount View High Teachers.

A big thank you goes to all staff and students for making the day so successful. Thanks to the whole Tregenza family for sharing their little girl with us. We love seeing a smile on her face but in turn she puts a smile on our faces, and she gives our students the chance to think of others.

TEAM IVY DAY raised a record amount of $5100.90
BEACON NEWS

‘Polish’ Workshop
The presentation skills of a small group of Year 10 students were given a real ‘polish’ recently during a special day of activities run by representatives of the Beacon Foundation at Cessnock Supporters Club. The workshops were held on Tuesday 20th August and Wednesday 28th August and helped young people prepare for their careers through personal presentation and communication training, giving students the skills to conduct themselves appropriately when entering the world of work and employer expectations. Students were required to dress as if they were attending a job interview and had the opportunity to network with guests from local businesses and use their newly found communication and culinary skills acquired in the morning tutorials.

Mount View High School was fortunate to receive sponsorship from the local business community to enable us to run these workshops giving our students the opportunity to participate in such a beneficial program especially for those students looking to enter into the world of work. Mount View High School would like to thank the following businesses for their generous contribution to ‘Polish’.

Expression of Interest for 2014 Beacon Student Ambassadors
Attention all Year 9 students – are you interested in becoming a Beacon Student Ambassador of Mount View High School?

Beacon Student Ambassadors are involved in organising, preparing and hosting events, have many opportunities for self development through Beacon workshops and run the Beacon program within the school and community. Expressions of interest are now being sought from our Year 9 students for those who are interested in becoming Beacon Student Ambassador in 2014. If any Year 9 student is interested in becoming a Beacon Student Ambassador please obtain an expression of interest form from Mrs Curran in Maths now.

AMAROOKOBA NEWS

By Members of the Junior AECG

Welcome! August was a very busy month for the Junior AECG at Mount View High School. Activities include the AGM at which new office bearers were elected; students attended the Newcastle Knights ‘Close the Gap’ round match; and the restoration of the Aboriginal garden which graces the entrance to the school’s main car park is underway.

Junior AECG AGM
On Monday 12th August, 2013 the Junior AECG (Aboriginal Education Consultative Group) held its annual general meeting. This meeting was held to elect our new executive members. The out-going Executive members were: Kaitlin Earl (President), Patrick Smith (Vice President), Brock Schofield (Secretary). Prior to the election Kaitlin Earl gave a speech to the members present outlining the activities which the JAEGC had been involved in during the last 12 months. She also thanked the members for their enthusiasm and involvement in indigenous activities at the school.
The 2013 election was enthusiastically contested and all students attending the meeting had the opportunity to nominate for a position. The students elected into the JAECG for the next 12 months are: Kaitlin Earl (President), Chloe-Lee Pulis (Vice-President), Hayden Palmer (Secretary), Patrick Smith (Assistant Secretary). The new executive are looking forward to the next twelve months and their involvement in the Indigenous activities at this school.

The Newcastle Knights ‘Close the Gap’ Match
On Sunday 18th August 2013 a group of Aboriginal students from Mount View High School, accompanied by their families and some members of staff, were invited to attend the Knight’s Close the Gap round match at Hunter Stadium. The students created a banner which they displayed proudly during the halftime entertainment. Patrick Smith, one of the invited students, said “the atmosphere was amazing and this will be a proud moment to remember forever.” Family members also commented that the MVHS banner was one of the largest, brightest and most outstanding banners on the day.

A great day was had by all the students, their families and the staff members who attended including the Principal, Ms Pfeffer, Deputy Principal, Mr Conroy and Mr Jarrett. Special thanks go to Mrs Tracey Eddy who was responsible for the majority of the organisation for this event and it all went off very smoothly.

Amarookaoba Garden
This garden is the school’s Aboriginal garden. It is located at the car park side of the hall.

During the last month our junior AECG have been discussing maintenance of the garden, and are currently in the process of organising a roster of students who would like to be involved. Please see Kody Hutchinson if you are interested.

Although the garden is not necessarily sacred by other standards, it is important to us as Aboriginal students. The effort, love and care put into this garden is returned to us by the peace and serenity this area provides. All students are welcome to visit the garden.

Naidoc Week
Year 7 students enjoyed a day of art activities.
Calendar of upcoming events for Indigenous students

- **11th to 13th September** – Cultural camp at Wollombi. All students are reminded to get their permission slips in ASAP to the Ms Conserdyne or Ms Eddy.
- Junior AECG meeting – the next meeting will be held on Monday 14th October at lunch in the Ag room.
- **16th October** – The Aboriginal pathways awards will be presented in the MPC at MVHS at 3.30pm for a 4pm start.
- The next AECG meeting will be conducted at Mount View High School on Monday 21st October.

Once again the JAECG has had a very busy month. They would like to wish all students a relaxing holiday and hope that everyone returns safe and well in term 4.

Happy Holidays from the Junior AECG

### LOST PROPERTY

The administration office has numerous lost property items including keys, jewellery, wallets and lots of unclaimed clothing. If your child has lost any items they can see the ladies in the administration office either before school, at recess or lunch.

### COMMUNITY NOTICES

**FREE MOVIE & FREE PIZZA!!! ARE YOU AGED 13 – 15 YEARS?**

Do you need help after a Family Member or Friend who has a disability, mental illness or chronic condition?

Then...Chill Out at the Movies

**“Percy Jackson: Sea of Monsters”**

Meet New Friends

Enjoy Pizza

Feel Supported

Gather Information

**WHERE:** Reading Cinemas, Kent Tubman Drive, Macquarie Park

**WHEN:** Tuesday 24 September 2013

**TIME:** 6.30pm for Pizza

**COST:** FREE! – Includes Movie & Pizza

**RSVP:** ESSENTIAL - Thursday 19 September 2013

Proudly supported by nib foundation

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**October Holiday Activities @ your library**

No phone bookings. Tickets on sale mid September. Numbers strictly limited.

Papier Mache Bowl Making – ages 5-12

- **Tuesday September 24**
  - Cessnock Library: 1.00 – 2.00 PM (FREE)
- **Tuesday October 1**
  - Kurri Kurri Library: 2.00 – 3.00 PM (FREE)

Bring along an empty plastic bottle and learn how to create a beautiful papier mache bowl in this special workshop.

Kaleidoscope Making Workshop – ages 6-12

- **Wednesday September 25**
  - Kurri Kurri Library: 1.00 – 2.00 PM (FREE)
- **Monday September 30**
  - Cessnock Library: 2.30 – 3.30 PM (FREE)

Make and decorate your very own kaleidoscope!

Troy Murphie Magic Show – all ages

- **Thursday September 26**
  - Kurri Kurri Library: 10.00 – 11.00 AM (FREE)
- **Cessnock Library: 2.00 – 3.00 PM (FREE)

How does he do it? Prepare to be amazed and entertained by the Maitland Wizard as he weaves his magic spells.

Scrapbooking Workshop – ages 8+

- **Wednesday October 2**
  - Kurri Kurri Library: 12.00 – 1.00 PM (FREE)
- **Cessnock Library: 3.00 – 4.00 PM (FREE)

Bring along up to six of your favourite photos and create a lasting Keepsake that you can treasure forever or give as a gift.

Wii, Games and Pizza Afternoon – ages 8+

- **Tuesday September 24**
  - Cessnock Library: 5.00 – 6.30 PM (FREE)
- **Tuesday October 1**
  - Kurri Kurri Library: 5.00 – 6.30 PM (FREE)

Will, board games, craft, logo and pizza... what more could you want?

Baby Rhyme Time – ages 0-2

- **Monday September 23**
  - Cessnock Library: 10.00 – 10.30 AM (FREE)
- **Monday September 30**
  - Cessnock Library: 10.00 – 10.30 AM (FREE)

Lap sessions for babies 0-2 years – songs, rhymes, instruments and books – come and join the fun.

Magic Storytime – ages 3-6

- **Tuesday September 24**
  - Cessnock Library: 10.00 – 11.00 AM (FREE)
- **Wednesday September 25**
  - Kurri Kurri Library: 10.00 – 11.00 AM (FREE)

Magical stories, songs and craft.

Spring Storytime – ages 3-6

- **Tuesday October 1**
  - Cessnock Library: 10.00 – 11.00 AM (FREE)
- **Wednesday October 2**
  - Kurri Kurri Library: 10.00 – 11.00 AM (FREE)

Spring has sprung – come along to our special spring storytime and have a blooming good time!

Please ring Cessnock Library 49 934 359 or Kurri Kurri Library 49 371 638 to enquire.

Sandra Ryan
Childrens Services Officer
49 934 359
Email: Sandra.Ryan@cem.nsw.gov.au