DATES TO REMEMBER

Mon 11th Feb  
Yr 10 Information night – 6pm
Session 1 – Project 10

Wed 13th Feb  
Yr 7 BBQ – 5:30 – 6:30pm
Yr 7 Disco – 6:30 – 9pm

Tues 19th Feb  
Immunisation Day  for Yr 9 Boy’s &
Yr 7 students

Wed 20th Feb  
Zone Swimming Carnival

Mon 25th Feb  
Yr 11 -12 Music Encore Excursion
Opera House

Mon 4th March  
Yr 11 Senior Science & Biology
Shortland Wetlands excursion

Tues 5th March  
Regional Swimming Carnival

Tues 5th March  
Immunisation Day

Wed 6th,7th, 8th March  
Yr 7 Camp

Tues 12th March  
School Photos

Wed 27th March  
Principal’s Assembly Yrs 8, 10, 12

Thurs 28th March  
School Cross Country

FROM THE PRINCIPAL’S DESK

D. PFEFFER

I wish to extend a very warm welcome to the 2013 school year to all staff, students and families. A special welcome is extended to Year 7 students and their families and to those families who might be new to Mount View High School this year. I trust that 2013 (& beyond) will be a very successful and happy school year for you.

There has been little staff turnover for the commencement of 2013. It has been my pleasure to welcome the following new staff:

- Ms Hannah Baum – English (replacing Mrs Lisa Godwin/Forrest who is now Teacher Librarian)
- Ms Rowena Agostino – Learning and Support Teacher (L.A.S.T) – a new position
- Mrs Rebecca Rounsley – Learning and Support Teacher (L.A.S.T) – a new position
- Mr Renato Carini – Maths (replacing Mr Mark Dart)

The school year has started in earnest and, as always, I am most impressed at how quickly students and staff have settled to our core business – that of teaching and learning, underpinned by a strong sense of commitment to student wellbeing.

Students in Years 10, 11 and 12 have been issued with a collated assessment book which indicates the assessment schedule for all subjects. They have been encouraged to develop a yearly planner for their assessments, to use a diary consistently, and to speak with family and employers if necessary to ensure that they are present for all assessments. Students in Years 7, 8 and 9 will be issued assessment information by individual teachers/faculties.

The Department of Education and Communities recently announced a range of new measures to support students and staff who have allergies, or who are at risk of anaphylactic reaction. It is imperative that all parents regularly update the school to any changes in their child’s health so that a health care plan can be developed if necessary. Similarly, it is crucial that any change in guardianship, address or contact phone numbers is reported to the school.

Important information about allergies and anaphylaxis is outlined in detail later in this edition.

From an administrative and educational perspective 2013 will be a year in which our school will continue to prepare for the introduction of new syllabuses in four subject areas: English, Mathematics, Science and History. These are known as the “NSW syllabuses for the Australian Curriculum for K-10” in each of those subject areas. An additional Staff Development Day has been mandated to allow staff to undertake further training for this purpose. As such, Term 2 will not commence for students until Wednesday 1 May 2013.

2013 is also a year in which we will begin to see many changes towards the implementation of the Local Schools, Local Decisions reform. During the holidays I attended a four day course entitled Financial Issues for Educational Leadership, at the University of NSW. This gave me further...
insight into what the future may hold for our school. The funding that our school will receive in 2014 will be dependent on many factors. As a result, later this term I will be requesting that all students’ enrolment forms are updated to ensure that all data is accurate.

Key support staff for our students and their parents are our Deputy Principals, Head Teacher Welfare and Year Advisers:

- Mrs Julie Smith – Deputy Principal, Years 8, 10 and 12
- Mr Peter Conroy – Deputy Principal, Years 7, 9 and 11
- Mrs Julie Myers – Head Teacher Welfare
- Year Advisers:
  - Yr 12 – Mr Daniel Matzen
  - Yr 11 – Mr Nathan Russell
  - Yr 10 – Ms Christine Bell
  - Yr 9 – Mrs Sharon Curran
  - Yr 8 – Ms Angela Roughan
  - Yr 7 – Ms Rebecca Bartlett

Please do not hesitate to contact the above-mentioned staff if you need any assistance, by telephoning 4990 2566.

I look forward to the challenges and opportunities ahead for the 2013 school year and to working further with the whole school community!

Desley Pfeffer
Principal

FROM THE DEPUTY’S DESK – YEARS 7,9,11
P. CONROY

Thank You
A big thank you is extended to the large number of students who attended school for the last three days of last year and who participated so enthusiastically in our Service Learning days. The number of students who attended was significantly higher than has ever happened before. The work completed around the district and around the school was much appreciated and we have had exceptionally good feedback for the school and for individual students. Special mention is also extended to the students of 8T, Mrs Myers and Mrs Spruce who were instrumental in organising the many activities that ran. The school is very keen to repeat this project at the end of this year. With more students we could service a broader part of the community.

Car Parking and Student Pick Up
Safety is always paramount in all schools. The most dangerous times at schools are when students are dropped off and picked up. The morning is usually more settled because of the longer time frame in which cars are arriving. Students should be dropped off in the basin car park, the new designated drop off area on Mount View Rd at the eastern end of the school, or in the community car park near the bus bay. These are also the pickup areas. Particularly in the afternoon, parents are strongly discouraged from picking students up in the entrance driveway near the school sign.

Subject Choices, Years 9 and 11
Unfortunately the large number of new enrolments in Year 9 has led to many elective classes being full. This effectively prevents changes being made. At this stage the only variations I can consider are for those students who have accidentally been placed into the wrong class. Once all new enrolments are finalised and class numbers are settled I will be in a better position to advertise vacancies.

Year 11 students have shown considerable maturity in discussing changes to their curriculum structure. Many students have picked up the “green change forms” and obtained signatures from parents and head teachers. I have been impressed by their efficiency in this process. However the time is rapidly approaching when classes need to be finalised and students make a firm commitment to their courses. The last day for changes will be Friday 15th February. Soon after this date most courses will commence formal assessments. Students in the senior years need to meet the course outcomes that are assessed and so changing classes after assessments have commenced becomes very demanding in terms of catching up on missed work.

Assessment Schedules
At the time of printing of the VIEW all students in Years 10, 11 and 12 will have received their assessment schedules for the year. This document contains details of all tasks, has an explanation of the appeals process and also gives the students a planning calendar. If a student has not received this schedule they should see their relevant Deputy Principal immediately.

Students in Years 7, 8 and 9 will receive their schedules from their individual teachers. If these have yet to be issued students should politely but firmly request them from their teacher.
**Aboriginal Education**

Unfortunately we have completed our funding cycle from the Schools in Partnership program. I am happy to acknowledge the value of this funding and am confident that the program was completed in a manner that greatly enhanced the learning opportunities for all students in the school. As a consequence of the cessation of funding, our Aboriginal Community Liaison Officer, Mrs Marissa Floyd, is no longer employed by the school. We thank her for the great job that she did and would be keen to further her employment if funding becomes available. I am in the process of forming a committee to oversee Aboriginal education in the school and would be very keen to hear from any parents who wished to be part of that group. I am still very hopeful that current initiatives such as the Cultural Camp, the Junior AECG, (Aboriginal Education Consultative Group) the school Aboriginal Garden, NAIDOC Week activities, Aboriginal Careers Quest and PLPs (Personalised Learning Plans) will all still take a high priority in our broader school curriculum. Any parent or community member who may be interested in this group should give me a call at school on 49902566. The first AECG meeting of the year will be held at 4.00pm at Kitchener PS on Monday 25th February. Please feel welcome and encouraged to attend.

**Scholarships**

Ex Year 12 students are encouraged to be aware of the many scholarships that are available. The Cessnock Mayoral Scholarships are an excellent local initiative that enables local students to access significant amounts of money from generous local organisations. Students should make themselves aware of the many different options available from the council. Universities also offer a wide variety of scholarships, many of which go unfilled. Even if they are unsure of their future, students should apply on a broad scale. The school would be happy to discuss and endorse applications from our many deserving students.

**YEAR 7 STUDENTS’ AND PARENTS’ WELCOME BBQ**

The Mount View High School P & C would like to invite all Year 7 students and their parents/carers to a “Welcome BBQ” at the school on Wednesday 13th February 2013. It will give parents the opportunity to meet the Year 7 teachers and the Year 7 Advisor and other staff members.

It will start at 5:30pm and then the students can go to the “Year 7 Welcome Disco” at 6:30pm, if they have purchased their disco ticket at school.

The parents will then be taken on a school tour and have the opportunity to stay for the first P & C meeting of the year starting at 7pm and finishing before 8:30pm.

The student disco will finish at 9pm.

**YEAR 7 WELCOME DISCO**

**DATE:** Wednesday 13th February 2013  
**TIME:** 6:30pm to 9pm  
**COST:** $5 or $7 on last day  
**PLACE:** School Hall (MPC)

Students will be required to be in the school hall before 6:30pm. Security will close doors and gates at 7pm and no student will be allowed to enter unless they have arranged it prior with Ms Bartlett or Mrs Blandon before the day of the disco. No student will be allowed to leave prior to 9pm unless it has been organised as well.

There will be prizes and dance off competitions.

**RULES**

- All students must have purchased a ticket before the disco. No tickets are to be sold at the door. Students must have their ticket to enter the gates of the school.
- Must be appropriately dressed including shoes (no slip on shoes, thongs)
- No student will be allowed entry if under the influence of alcohol or drugs. No smoking, alcohol or drugs.
- There will be a secured area for handbags and every care will be taken but no responsibility can be given for personal items or valuables.
- Students are to abide by normal school rules and not place any other student in danger.
Introducing our 2013 School Leaders, from left to right; Captains Jackson Jeffery and Kasey Williams, Vice Captains Nathan Blackburn and Samantha Hayes. Our School Leaders were officially inducted in August last year and have been extremely busy in the past 6 months representing and leading our school together with the help of our 2013 Senior Leaders and SRC.

WELCOME TO CREATIVE AND PERFORMING ARTS (CAPA) FOR 2013

In the CAPA faculty at Mount View High School, we promote the arts as an individual medium of personal expression enabling people to share ideas, feelings and experiences. The opportunity to develop individual potential is made available to all students in our classes.

The CAPA Staff consist of:

- Larayne Jeffery – Head Teacher – Music Classroom teacher
- Liz Alder – Relieving Head Teacher Administration – Art classroom teacher
- Jude Willis – Art Classroom teacher
- Nyree Wiseman - Art Classroom teacher (Mon, Tues, Wed)
- Drew Daniels – Music/Art Classroom teacher
- Tanya Howells – Musical Coordinator -Music Classroom teacher (Mon,Tues,Thursday)

The schedule of CAPA fees in 2013 are:

**Visual Art/Visual Design**
- Year 9/10 $40 + $10 Diary
- Year 11 $50
- Year 12 $20 + own materials

**Photography:**
- Year 9 $100
- Year 10 $50
- Year 11/12 $60

**Music:**
- Year 8-12 $20
  - This fee allows us to provide and maintain a wide range of musical equipment for each student to explore.
  - These fees should be paid to the front office to be receipted.
  - Students may elect to participate in **private tuition** in piano, drums, guitar or vocals. These lessons cost approximately $25.00 per week and are delivered on a rotational basis so students do not miss out on other subjects.

**Homework in all stages** will be issued frequently. The frequency will be determined by the teacher to best fit the teaching sequence and student learning needs. Targeted feedback will be issued to students to assist their learning of the content and skills. An **assessment** schedule will be issued to all students in Yrs 7-12.

**Safety** is of paramount concern in our specialist rooms. Students are required to behave in a manner that will ensure the health and safety of themselves and others in the specialist rooms (darkroom etc) at all times; use Personal Protective equipment as instructed; to wear enclosed footwear; and to refrain from eating, drinking or chewing in the classrooms unless instructed by the teacher.

**Exciting events for 2013 include:**

1. MADD night – Term 3 Week 3 during Education Week - Keep these dates handy!
   - Concert 1 Monday 29th July
   - Concert 2 Tuesday 30th July

2. Building of the CAPA centre – Plans are underway to extend the area outside Music Room 1 to incorporate a performing and exhibition space which will cater for Music, Art, Dance and Drama as well as other school functions as required.
   - A draft of the plan is on display in the Music foyer for your interest.

   We look forward to an exciting and creative year for all students in 2013.

Should you wish to discuss any of these issues please contact Mrs Larayne Jeffery – Head Teacher CAPA.
**Canteen Volunteers Needed**

*Your Canteen Needs You!!!*

Extra volunteer helpers are urgently needed in the canteen. Your child will have a shorter waiting time with more workers. Morning tea and lunch will be provided.

Please contact:
- Tina Galvin
  - Canteen Co-ordinator
  - Phone: 49912080
  - Mobile: 0404620693

A roster system can be tailored to your availability.

**History/LOTE**

*“Without History there is no tomorrow”.*

*Homework in all stages* will be issued frequently. The frequency will be determined by the teacher to best fit the teaching sequence and student learning needs. Targeted feedback will be issued to students to assist their learning of the content and skills. Individual teachers will notify students of specific tasks and timelines for completion of all work. Homework can consist of small document studies to more major research assignments.

An *assessment* schedule will be issued to all students in Yr 7-12. In years 7-10 there will be an across the year assessment task each term which will relate to the course content and historical skills. The marks achieved, and other class marks (including homework tasks) will assist in the preparation of Semester Reports.

*Videos/DVDs* are shown in History and LOTE (Languages other than English) classes to support the teaching of the curriculum. All videos/DVDs are previewed by staff to support the curriculum, and will conform to the Department of Education’s specifications and comply with age classifications.

This year has seen a few changes to our staff.

This year we would like to welcome Mrs Forrest to the position of Teacher/Librarian.

Mrs McNeill and Mrs Evans are responsible for LOTE with Mrs McNeill teaching Senior French.

Ms Davies (Head Teacher) – Junior History and Senior Ancient History.

Mrs Bailey and Ms Schafer – shared load; Junior History and Senior Modern History.

Mr Kruzins – Junior History

Ms Redfern – Junior History and Senior Ancient History.

Should you have any questions now or at any time during the year please feel free to contact the Head Teacher on 49902566.

**Senior Leaders & SRC 2013**

The SRC and Senior Leadership Teams are starting the year on a busy note.

During Week 3 they will be organising the Year 7 “Welcome Disco” on Wednesday 13th February. It will be a great night of dance-offs between Year 7 and the Seniors and competitions throughout the disco.

On Valentine’s Day Thursday 14th February, the Leadership Teams will be delivering bears, chocolate roses and chocolate packs during roll call. There will be a Valentine’s Day stall at recess selling more of this stock as well as cupcakes. All money raised will be donated to the Children’s Variety Bash which our Head Teacher Bruce Deer attends each year and promotes Mount View High School on his car. Mr Deer will be bringing in his car on this fundraising day so please support such a worthwhile charity.

Also we are looking into having a “Bargain Shopping Tour” to Sydney late March or early April so please start to think about this fundraiser. More information is to follow.

**Resilience Workshop for Senior Students**

*Thursday 21st February 2013*

*Mount View High School Hall*

The Resilience Workshop is designed to support High School students as they approach the HSC. It is very much focused on student well being and aims to assist students in changing their relationship with stress. The content includes:

- strengthening your values and making the HSC a meaningful challenge;
- identifying stress and knowing when it is helpful and unhelpful plus when to get help;
- breaking free from procrastination and perfectionism (cognitive restructuring), relaxation techniques;
- healthy relationships during the HSC and assertive communication;
- practical tips for managing the study environment (behavioural changes) plus relaxation techniques.
PDHPE FACULTY

In the PDHPE faculty at Mount View High School, we are continually aiming to improve student fitness and basic skill levels. We are also focused on promoting a healthy lifestyle and providing material to enhance informed decision making.

The fees applicable for courses within PDHPE for 2013 are:

- Year 9 Dance  $20
- Year 11 CAFS  $20
- Year 11 SLR  $20

These fees should be paid to the front office to be receipted and then the receipt to the class teacher.

Other costs that will be incurred are for excursions for elective PASS and also for StarStruck and Hunter Dance Festival for elective Dance students.

Practical Lessons: For Years 7-10 students are to provide a change of clothes for practical PE lessons. It is preferred that this be the school Sport/PE uniform and appropriate footwear. This is also relevant for senior SLR students. A parental note should be provided for students unable to participate in practical lessons. Due to the practical nature of this subject, a doctor’s certificate should be provided for extended periods of non-participation.

Theory Lessons: Students are required to present all equipment for theory lessons including a subject specific work book. Books will be collected for marking each term.

Assessment schedules: All students will receive an assessment schedule appropriate to their Stage/Program. These will be for Years 7-12 and will be strictly adhered to. Students will need to follow the school assessment procedures for lateness of tasks. For Project 10, Year 10 students will be expected to present either their “Don’t Drive Drunk” task or their Royal Lifesaving CPR Certificate.

Safety: This is of paramount concern during practical lessons. Students are required to behave in a manner that will ensure the health and safety of themselves and others at all times and use equipment as instructed, to wear enclosed footwear and to refrain from eating, drinking, chewing or using personal electronic devices unless instructed by the teacher.

Should you wish to discuss any of these issues please contact Sue Ford on 49902566.

UPCOMING EVENTS IN BIOLOGY AND SENIOR SCIENCE

In March Senior Biology and Senior Science students will be heading off on two exciting excursions.

Preliminary students will be heading to the Wetlands at Shortland on the 4th March to undertake compulsory field work for the Local Ecosystem topics. We will be collecting abiotic (non-living) data like water depth, water pH, temperature and humidity and dip netting for various invertebrates. We will be examining the invertebrates and looking at their adaptations and feeding behaviour. This field work is essential for the students to complete these topics.

HSC Biology and Senior Science students will be spending a day in Sydney on the 8th March to visit the Museum of Human Disease at the University of New South Wales. This Museum houses the largest collection of diseased body parts in Australia. Students will examine various samples and hear scientists speak about health and disease in Australia. This excursion will provide an invaluable experience that cannot be seen anywhere else in Australia.

If you would like any further information about these excursions please do not hesitate to contact the Science Faculty on 4990 2566.
In the Science / Agriculture faculty at Mount View High School, we are happy to have your student/s in our classes. We continually work towards engaging them in the wonders and excitement of the scientific and agricultural world. Below are a few pieces of information about activities in our faculty.

**Fees** are applied for consumable items including dissecting material, demonstration items and modelling material. The schedule of fees in 2013 is:

**Science:**
- Year 7/8: $10 per year
- Year 9/10: $12 per year
- Year 11/12: $15 per year

**Agriculture**
- Year 8: $15 per year
- Year 9/10: $30 per year
- Year 11/12: Primary Industries $75

These fees should be paid to the front office to be receipted.

Homework in all stages will be issued frequently. The frequency will be determined by the teacher to best fit the teaching sequence and student learning needs. Targeted feedback will be issued to students to assist their learning of the content and skills. Individual teachers will notify students and parents of specific tasks and timelines for completion. Homework can consist of small investigations to more major projects including preparing information reports or speeches or conducting experiments using the scientific method.

An assessment schedule will be issued to all students in Yr 7-12. In years 7-10 there will be an across the year assessment task, each term targeting practical and problem solving skills. Each year will have will have a Yearly or end of course exam. The marks achieved, and other class marks (including homework tasks) will assist in the preparation of Semester Reports.

Safety is of paramount concern when conducting experiments in class or on the farm. Students are required to behave in a manner that will ensure the health and safety of themselves and others in the laboratory at all times, use Personal Protective equipment as instructed, to wear enclosed footwear and to refrain from eating, drinking or chewing in the laboratory unless instructed by the teacher.

Videos/DVDs are shown in Science and Agriculture classes to support the teaching of the curriculum. All videos/DVDs are previewed by staff to support the curriculum. All videos/DVDs chosen will conform to the Department of Education’s specifications and comply with age classifications.

Should you wish to discuss any of these issues please contact Natalie Death on 49902566.

**YR 11 VET METAL AND ENGINEERING**

With the school year for 2013 just getting started the new Year 11 VET Metals and Engineering class is starting to wind up. Dressed in work boots and appropriate safety clothing coupled with safety glasses, a keen sense of humour and willingness to learn, the new class is about to undertake their first steps in their new trade course.

With the subject being conducted online and going over two years or approximately 230 hours, students have the opportunity to complete the subject with a Statement of Attainment towards a Certificate II in Metals and Engineering. WOW, what does this mean? It means that the qualification they could attain could count towards the first year of their apprenticeship.

VET stands for “Vocational Education Training” and these young adults are about to start working towards qualifications recognised by the Australian Quality Framework (AQF) which is recognised Australia wide. It also counts in their HSC and towards an ATAR, if that is the direction they wish to head in.

Students are about to start their first practical task where they will be filing, drilling and manufacturing items down to the millimetre and measuring them with specialised tooling such as micrometers and vernier callipers. Tooling is regularly used within industry by tradespeople on a daily basis. Following the first two tasks (a filing exercise then a drilling, filing and tapping exercise) students will then be into their first Assessment Event where a Competent or Not Yet Competent will be attained.
It’s also great to have a female in the class, as this industry is certainly about Equal Employment Opportunity (EEO).
So to all the new Year 11 VET Metal and Engineering students, it’s good to have you on board.

Good luck and put in your best effort. It is worth it, as what you put in is what you will get out.

MATHEMATICS FACULTY

In the Mathematics faculty at Mount View High School, we welcome our newest member of staff, Mr Carini who comes to us from Broken Hill. Mr Carini is a very talented mathematician and he replaces Mr Dart who has moved schools to be closer to home.

There are no fees associated with the study of Mathematics at Mount View High School, however, we are very keen for students to participate in national Mathematics competitions that may require a small entrance fee.

Homework will be issued by your child’s teacher on a regular basis but the amount of time it will take to complete will vary greatly depending on the topic being studied and the ability of the student in that given topic area. As a general guide, you can expect;
Yr 7 approximately 30 minutes per week (10 to 15 minutes, 3 times per week)
Yr 8 approximately 45 minutes per week (15 to 20 minutes, 3 times per week)
Yr 9 and 10 approximately 1 hour per week (20 to 30 minutes, 3 times per week)
Seniors approximately 1.5 hours per week (30 to 45 minutes, 3 times per week)
All year groups will receive at least one major assignment per year.
An assessment schedule will be issued to all students in Yr 7-12. The marks achieved, and other class marks (including homework tasks) will assist in the preparation of Semester Reports. The end of year results assist teachers in determining the class students enter the next year. At all times every attempt is made to ensure students receive teaching instruction appropriate to their ability level.

All of the Mathematics staff are dedicated to continuing their own learning to ensure we can deliver the most modern and effective teaching instruction to our students.
Should you wish to discuss any of these issues please contact Andrew Gill on 49902566.

ENGLISH AND DRAMA FACULTY 2013

In 2013 we welcome Hannah Baum to the English Staff. She replaces Lisa Forrest who is now Mount View High’s librarian. Hannah is already involved in Drama and the SRC. Thank you for all of your hard work Lisa.
Year 12 has already started in Term 4 2013 and almost all have returned having read their prescribed texts for the current unit. This bodes very well for their HSC results.

Year 9 and Year 7 are already busy doing their preparation for NAPLAN, specifically a unit that concentrates on persuasive writing. Year 10 have increased the sophistication of their studies to prepare either for the workforce or for senior high school, whilst Year 11 are beginning to enjoy the rigours of the senior English Syllabus.

As always English plans to expose students to live theatre. The first of these opportunities will be for Stage 5 and 6 students early next month. There will be an excursion to Cessnock Performing Arts Centre to see the stage adaptation of Animal Farm. There will be other performances organised throughout the year, especially as we now have both a Year 9 and Year 11 Drama class being taught by Nathan Russell.
Rebecca Bartlett needs a special mention. She has enthusiastically taken on the role of Year 7 Year Adviser as well as Year 12 Extension 1 and 2. She is an outstanding teacher who is enjoying being fully involved with school life. All of the English staff are equally hard working and involved in a variety of activities ranging from public speaking to tutoring Aboriginal students and sporting events.
It makes me proud to work with such accomplished staff.

Phil Jenkins
WELFARE / LEARNING AND SUPPORT FACULTY

It has been a very busy start to the year. We welcome Mrs Rebecca Rounsley (.5 teaching position) and Ms Rowena Agostino (F/T teaching position) to our Learning and Support team. Both ladies come to us with a wealth of experience in the areas of behaviour and learning difficulties, curriculum support and autism.

Mrs Williams, Ms Allen, Mr Hodges and Mrs Kriel will continue in their roles as Learning and Support teachers.

Our team of Learning Support Officers consist of Mrs Winstanley, Mrs McGregor, Mrs Burke, Mrs Donohue and Mrs Crowley.

Mr Hardwick and Mrs Earl continue in their roles as Special Education teacher and Learning Support Officer for the Multi Categorical class.

Ms Skuthorpe and Mrs White continue to take on the role of Aboriginal Community Liaison Officers working closely in the classroom setting with our Aboriginal student population.

Programs

A variety of special programs have been organised this term to support the well-being and health of your child.

In Years 7/8, the focus this term will be around respectful communication and anti-bullying. Year 7 students have already participated in the Brainstorm drama production called Verbal Combat. Our Police Liaison Officer, Senior Constable Kim Smith spoke to the students about the positives and negatives of social media. Senior Constable Smith will return to the school on 5th March to address Year 8 students about the dangers and legal repercussions of sexting.

Year 10 will participate in a program called ‘Love Bites’ during March. This is a National Youth Education program that focuses on family violence and sexual assault prevention.

Year 11 and Year 12 will participate in a Resilience Workshop designed to support High School students as they approach the HSC. It is very much focused on student well-being and aims to assist students in changing their relationship with stress. The program is delivered by a registered psychologist specialising in senior high school support strategies. The content includes:

- strengthening your values and making the HSC a meaningful challenge;
- identifying stress and knowing when it is helpful and unhelpful, plus when to get help;
- breaking free from procrastination and perfectionism (cognitive restructuring), relaxation techniques;
- healthy relationships during the HSC and assertive communication;
- practical tips for managing the study environment (behavioural changes) plus relaxation techniques.

Immunisation program

All Year 7 (girls and boys) and Year 9 boys will take part in the Area Health Vaccination Program. Consent forms have been issued with the first immunisation date set for 19th February. Students are to return forms ASAP.

Health care plans

A set of updated guidelines has been sent to all schools in regards to students who suffer from allergies, anaphylaxis, asthma and related illnesses. Further documentation will be sent to families to ensure appropriate medical procedures are in place within the school setting. Please make contact with Julie Myers, Head Teacher Welfare, if you need assistance.

Support Services

Every Monday at lunch time Youth Interagency Support Services provide a variety of engaging activities to our students. Students are encouraged to participate in these activities and familiarise themselves with services that are available to them within our local community.

CatholicCare’s Youth and Family Support Service is a service available to all young people and their parents in the Cessnock LGA. Parents who would like support with anything regarding their teenager are encouraged to call Kylie, the Caseworker. Kylie works closely with the school and the Welfare team. Please call Kylie on 0409 921 083 or email kpratt@catholiccare.org.au

If you have any concerns or questions regarding your child’s support needs, please make contact with the school.
On Monday 4th February our Year 7 students attended a performance in the school hall presented by Brainstorm Productions called ‘Verbal Combat’. Verbal Combat was a fantastic confronting performance about cyber bullying, harassment and responsibility. Students were really interested and engaged during the show. The actors explored real life situations relevant to student issues including what drives bullies to send that nasty message or post hurtful comments, why some people are more likely to be a target and where they can go for help. We look forward to future performances by Brainstorm productions for our students in Term 2.

Police School Liaison Officer
Following the Verbal Combat production the Year 7 students were introduced to our Police Liaison Officer – Senior Constable Kim Smith, who spoke to the students about bullying including cyber bullying and what can happen if using social media sites inappropriately. We look forward to Senior Constable Smith presenting further workshops later in the year.

YEAR 7 NEWS
Upcoming Events and Key Dates
February 13 is the Year 7 Welcome BBQ followed by the Year 7 Welcome disco. All students planning on attending need to pre purchase a ticket. Tickets are on sale at recess until Wednesday and students require a signed permission note to buy a ticket. At the disco, a cloak room is provided to store bags etc and a canteen is in operation selling drinks and snacks.

February 14 is Valentine’s Day. Students can pre-order a small gift to have delivered to their friends in roll call and there will be a stall at recess. All monies raised will go to the Variety Club.

February 15 is the due date for camp payments. Any student who needs a replacement note can see me in the English staffroom. Anyone experiencing financial difficulties can seek assistance by writing a letter to the principal.

March 5 Immunisation is also coming up just prior to students attending the camp. Hopefully all students are enjoying their experience at Mount View and adhering to our school PBL values of respect, responsibility and excellence. Student Assistant forms are available from the office and must be returned by 1st March with all relevant Centrelink information. Anyone with any questions regarding camp or anything else can contact the Year Advisor, Rebecca Bartlett, at the school on 49902566.

SCHOOL UNIFORM POLICY: SHOES
The NSW Department of Education and Communities’ guidelines in relation to safety and footwear in school, under Workplace Health and Safety (WHS) requirements, prohibit students participating in practical activities in school if not wearing substantial footwear deemed safe by the Department.
Mount View High School adheres to these guidelines. The requirement for students to be correctly dressed in school uniform, including the correct shoes, is well established. The P&C also strongly support the wearing of school uniform. The uniform policy was developed collaboratively, to adhere to the Department and its WHS guidelines, and to ensure safety and comfort for our students. Our policy is also consistent with that of all NSW government schools, and indeed, most Independent or Catholic schools. School shoes are to be all black; the entire foot is to be enclosed by the shoe, including the upper section of the foot; the shoe is to have a stout sole; and the shoe is to have low
heels. Unsafe shoes include those with openings; platform or high heels; shoes made from non-protective, open-weave materials such as canvas and cottons or similar; and other materials that do not provide adequate protection.

We are proud of our school and school uniform, and have high expectations of our students wearing our uniform in its entirety and with pride. Our students, when appearing at functions throughout Cessnock and elsewhere in NSW in correct school uniform, are frequently complimented on their appearance. A well-fitting school shoe, which provides adequate support, is also essential to maintain healthy bone growth in a young person’s foot and will minimise the potential for foot-related problems later in life.

This is not a new requirement at Mount View High School. Students have been frequently advised of this requirement and especially so at the end of 2012 and in the first weeks of this term.

We thank you for upholding and embracing our uniform policy and trust that all students will be present at school in correct school uniform and shoes.

Reminder: Unsafe footwear could prevent your child participating in lesson activities and hence hinder their progress at school.

PARENT TIPS FOR USE IN SCHOOL NEWSLETTERS AND ON SCHOOL WEBSITES – 1 FEBRUARY 2013

Primary and High school

2013 homework planner -Kids and families run more smoothly when there’s a plan. The 2012 homework and study calendar includes key dates and school holidays. You can print it out month by month, or by the whole year. Find out more http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/2013-homework-planner

Doing well in class -Our expert panel shares tips about how parents can help their younger and older kids reach their full potential at school and motivate them for learning. Watch the video.

Find out more:

Smart foods to boost learning

Mother Nature is full of foods that help us think and feel better. What do you give your child to help them think more clearly, and enhance concentration and memory?

Find out more:

High school

Parents pool their tips

Ask your child to write all their teachers’ names on their timetables and make a copy for the fridge. If they have a mobile phone, have them take a photo of their timetable so they have it with them all the time. Read more tips from experienced parents.


Benefits of team sports

If you want your child to grow up to be a confident and well-adjusted adult, then team sports may well be the answer. Benefits include learning how to be more resilient, and being less likely to feel isolated.

Find out more:

IMPORTANT ADVICE FOR PARENTS OF STUDENTS WITH ALLERGIES AND/OR ANAPHYLAXIS

The safety and wellbeing of children and young people in NSW government schools is paramount. At Mount View High School we take this responsibility very seriously. The Department of Education and Communities has recently announced a range of new measures to support students and staff who have allergies, and those persons who are at risk of an anaphylactic reaction.

Our staff undertake regular face-to-face and/or online training in CPR, emergency care and anaphylaxis management. In the next few weeks the school will contact parents who have indicated that their child has allergies and/or those at risk of anaphylaxis reaction to request further information and update health care plans where necessary.

PLEASE NOTE: If your child has an allergy, or is at risk of anaphylaxis, and this information has NOT been provided on the child’s enrolment form, or if it has changed (eg. severity of reaction, allergen, medication, hospitalisation due to reaction, etc) – please contact the school immediately to update our records.

ANAPHYLAXIS

The Department of Education and Communities announced at the end of 2012 that all government schools would receive a general use adrenaline autoinjector (an EpiPen) for their first aid kit.
This does not replace the need for parents to continue to provide the school with an adrenaline autoinjector and ASCIA (Australasian Society of Clinical Immunology and Allergy) Action Plan for Anaphylaxis signed and dated by their doctor when their child has been diagnosed with anaphylaxis. Instead the general use adrenaline autoinjector is intended to be used if:

- An undiagnosed student has an anaphylactic reaction at school
- There is a misfire of the adrenaline autoinjector that has been prescribed for a student
- A student requires further adrenaline autoinjector to be administered after his or her own adrenaline autoinjector has been administered

Please contact the school if you would like further information in relation to this matter.

Ms Desley Pfeffer
Principal

SWIMMING CARNIVAL 2013

A beautiful summer’s day was on the agenda for the annual Mount View High School’s Swimming Carnival. On Thursday 7th February students and staff ventured to Cessnock Pool and had a great day of competing and enjoying the water. Congratulations to our Senior students who showed great house spirit and were dressed to impressed. They lead our school students through their races and relays and fun was also on the agenda.

There were a number of highlights on the day including our 25 metre dash with our Year 7 competitor Sam Craft, taking the championship position. The staff versus the Seniors relay was a close call but Mr Bragato was able to lead the staff to another victory with the help of Ms Allen, Mr Groves, Mr Gill, Mr Gajewski and Mr Hodges. The Year 11 slip and slide races were put on hold for this special occasion.

Many thanks go to Mr Allen for the organisation of the day and to the staff and students who attended and made it such a fantastic day. The following competitors are also to be congratulated:

12 year old Champions: Daniel Lamkin – Taneeka Smith
13 year old champions: Jack Robinson – Matilda Brown
14 year old champions: Conner Garred – Fango Maher
15 year old champions: Reece Harris – Sophie O'Brien
16 year old champions: Jacob Roland-Batty – Lindsay Daniels
Open champions: Daniel Jurd – Jacob Wilson and Chantelle Jones
2013 SCHOOL BASED VACCINATION PROGRAM
FOR YR 7 & YR 9 STUDENTS

Term 1 – Tuesday 19th February 2013 &
Tuesday 5th March 2013

Each year NSW Health offers the vaccines recommended by the National Health and Medical Research Council for adolescents as part of the free school based vaccination program.

During 2013 the following vaccines will be offered:
- Varicella (chickenpox) vaccine for all Year 7 students
- Hep B vaccine for all Year 7 students
- DTPa (diphtheria, tetanus and pertussis – whooping cough vaccine for all Year 7 students
- Human Papillomavirus (HPV) vaccine for all Year 7 students & Year 9 male students
- Gardasil vaccine for all Year 7 students

From 2013, boys in Year 7 in all NSW high schools will be offered the HPV vaccine annually. In addition, boys in Year 9 will be offered the vaccine as part of the national ‘catch up’ program in 2013 and 2014. The Human Papillomavirus (HPV) vaccine protects against developing infections that can lead to cancer.

Parent Information Kits/Consent Forms will be given to students in Year 7 & 9 in the first week of Term 1 2013. Please return completed consent forms to the Administration Office before Friday 15th February 2013.

This term the NSW Health team will be in the school on Tuesday 19th February &
Tuesday 5th March 2013.

Parents should ensure that their child has eaten breakfast the morning of immunisations. If your child is absent and/or misses being vaccinated, a catch-up will be offered at the next school vaccination day.

Prepared vaccination clinic days:
Tuesday 5th March 2013
Tuesday 7th May 2013
Tuesday 27th August 2013

If you have any queries regarding the school based immunisation program please contact the school office on 02 49902566 or email tonia.spruce2@det.nsw.edu.au

CESSNOCK UNITED FC REGISTRATION DAYS-
BADDELEY PARK CESSNOCK.

Sat 9/2/2013
Sun 10/02/2013
Sat 16/02/2013

10-12pm each day.

All new players must provide a copy of birth certificate.
Shorts $18
Socks $12
5-7 yrs—$67
8-11 yrs—$82
12-18 yrs—$96
Seniors—$195

WE ARE ENTERING AN ALL GIRL SIDE IN UNDER 6S THIS YR FOR THE GIRLS THAT DONT WANT TO PLAY WITH THE BOYS, THEY WILL PLAY IN AN ALL GIRL COMP.

Contact Ann for any further information on 0416001979

FREE - TAFE OUTREACH MUSIC COURSE

Starting at the end of Feb for 15 weeks (only one afternoon a week)
at Musitopia in Cessnock
participants will learn heaps about sound, production, PA’s and recording
10 places available so first in will get spots.

Contact:
Lakin Agnew
Cessnock Youth and Community Development Officer
PH: 0438 636 009
E: ydo@kkcc.com.au
Making a smooth start to secondary school

Getting used to new subjects and new teachers, as well as forming new friendships are just some of their challenges during this period.

Starting secondary school is a time of change and uncertainty, which places new demands on kids. Being at the bottom of the pecking order where they are unsure of the playground hierarchies is just one adjustment that they need to make. Getting used to new subjects and new teachers, as well as forming new friendships are just some of their challenges during this period.

Some kids take these new experiences in their stride but it is natural to experience some difficulty, particularly as it is accompanied by the potentially unsettling transition from childhood to adolescence. It’s no coincidence that children’s learning levels out in the transition year presumably because the social stress of adjustment takes precedence over academic performance.

It helps to remember the 5 Ps to assist your young person to work in:

1. Patience

Be patient and understanding in the early weeks. Brush up on your listening skills as you help your young person adjust. Talk to your young person about change and reassure them that it is normal to feel nervous in new circumstances. Let them know that many of the difficulties they face will be temporary.

2. Positive attitude

Confidence is catching so make sure you see this transition time as an exciting challenge that your child can handle rather than an event to be feared. Ask them about the new subjects or interesting activities they are doing, and try to shift their focus to the positive aspects of school. Discuss settling in problems with the appropriate person such as a year level coordinator, but give your young person time to handle it on their own before seeking help.

3. Process their day

Some young people may come home with highly exaggerated accounts of secondary school and may not always paint a fair picture. They can be fallible to many things, which they would have struggled off in primary school. It helps if you can listen without judgement and show real interest in them in their new school, while providing them with the space they need to get away for a while. Expect some behaviour blemishes as many kids let off some steam in the safe and stable environment of a loving family.

If your eldest is starting, then secondary school will be a relatively new experience for you too. It will take some time for you to adjust to the school’s culture and communication methods.

Although secondary schools may seem a little foreign for those used to the relative intimacy of primary schools one aspect is the same – outcomes for students are maximised when schools and parents work together in the best interests of the student.

One way to support your young person’s school is by actively promoting the school’s values. For instance, if respect is a prominent school value then you can discuss this in relation to the way your young person behaves around friends, relatives and family.

Most importantly, talk your young person’s new school up, rather than talking it down as kids of all ages take that cues from the most significant adults in their lives – their parents!

Published by Michael Grose

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au

PO Box 101 Balnarring VIC 3989 P: 03 5985 1786 F: 03 5985 1722 E: office@parentingideas.com.au


Mayoral Academic Scholarships

Apply now!

Cessnock City Council offers the Mayoral Academic Scholarships which are available to residents of the Cessnock Local Government Area only. The scholarships are for one year and are valued at $2,500.00

Closing date 22 February 2013

Austral Coal Mine Part of the Yancoal Australia Group-Mining Technical/Engineering Scholarship Available to a Post HSC or University level student at either TAFE or University studying in a mining related Technical/Engineering discipline.

Cessnock Achievement Centre Arts Scholarship Available to a student who is pursuing a diploma or degree course in the creative, performing or fine arts at TAFE/University.

Cessnock Liquor Accord Tourism & Hospitality Scholarship Available to a student who is pursuing their first year of study at TAFE or University in this field.

Donaldson Coal, Part of the Yancoal Australia Group-Mining Scholarship Available to a pre/post HSC student who is attending TAFE/University in a mine-related trades/service/occupation discipline.

Donaldson Coal, Part of the Yancoal Australia Group-Medical and Health Scholarship Available to a Post HSC student who is attending University or completing degree in this field in this year.

East Cessnock Bowling Club Information Technology Scholarship Available to a student pre or post HSC pursuing a career in the field of IT.

Hunter Resource Recovery University Scholarship Available to a student who has completed first second year University and is continuing their study at University.

John Kirke Memorial Incentive Scholarship Available to a student at either University or TAFE who would not otherwise be able to continue further education without financial assistance.

Kurni Kurni Raised Mineworkers Local Government Scholarship Available to a TAPE, Post HSC or Undergraduate student in a Local Government discipline.

Northeast Community College Business Management Scholarship Available to a Post HSC, ADO, TAPE or University student pursuing a course in a Business Management discipline.

Onica Mining Technology Scholarship Available to a Post HSC student or Undergraduate student studying a Mining Technology discipline.

Sands Resource Recovery TAPE Scholarship Available to a student who has completed first year TAPE and is continuing in second year.

This Rotary Club Cessnock Inc. Building and Associated Trades Scholarship Available to a Post HSC/Undegraduate student in this field intending other TAPE or University.

Applications are available from Council’s website at www.cessnock.nsw.gov.au or by contacting Mr Pauline Ross on 4955 4270 or email pauline.ross@cessnock.nsw.gov.au
Family Law Network Australia (FLNA) was established as a free information resource and referral service in the event of needing assistance with family law issues. FLNA is information of a general nature only and does not constitute legal advice or replace the services of a lawyer.

On FLNA you will find information regarding the following family law matters:-

- Separation and Divorce
- Parental Responsibility
- Property Settlement
- Child Support

For further information please contact:

T: 1300 664 868
www.familylawmattersaustralia.com.au
Attendance system
A computer based attendance system operates at Mount View High School. All students have been photographed and have received a sturdy plastic ID card to use with the system. The barcode on the card is also used for borrowing books from the school library and is readily accepted as an ID for student concessions when required. The initial cost of student cards is met by the school, but the cost of a replacement card is $5.00 per card. School commences every day at 8.40 a.m. Arrival after this time means that the student is late; they are then required to use their ID card to swipe into the attendance system. The system is located at the Attendance Office; this is where students go if they are late. The swipe card is only used when a student arrives late or leaves early. Otherwise attendance is marked by their Roll Call teacher in their roll call room.

The school closely monitors lateness to school. Students who are frequently late can expect that their parent/guardian will be contacted and that the student will be required to complete an after school detention. The school operates an SMS system to notify parents of absent students. In accordance with the Education Act parents are required to contact the school to explain each day a student is absent within 7 days of the absence – otherwise it is listed as an unjustified absence. Explanations by a student are not able to be accepted.

Absence from School: A note signed by a parent/guardian must be brought to school after an absence. Absence notes should be sent the first day a student returns to school. Alternatively, parents may phone the school on 4990 2566 to register an explanation for a student absence. Absences for any reason other than illness or medical appointments are strongly discouraged.

Sickness: In cases where an absence due to sickness is in excess of two school days, the Department of School Education allows us to request a medical certificate detailing the nature and the duration of the sickness.

Late arrival/early departure: Notes explaining lateness or requesting permission for any absence during the school day (e.g. a medical appointment which cannot be arranged outside school hours) must be brought to the Attendance Office before school. Students are then given a permission pass signed by the Attendance Officer. When it is time to leave the student returns to the office and presents the permission pass. Failure to do this can significantly affect your attendance record. The school operates an SMS system to notify parents of absent students immediately.
Do you want to...

✓ Feel confident about yourself as a parent?
✓ Play and have fun with your children?
✓ Enjoy the company of other families?
✓ Know where to go for support?

Family Insight is a free and confidential service to all

Family Insight Inc.
Newcastle
Unit 20, 54 Clyde Street
Hamilton North 2292
PO Box 194
Waratah NSW 2298
Phone: (02) 4961 0700
Fax: (02) 4961 0722
Mobile: 0427 370 119

Family Insight is funded by
Family and Community Services (Family Services)

Every family needs a helping hand sometimes

Cessnock Family Worker

Phone: (02) 4961 0700
Mobile: 0427 370 119
Fax: (02) 4961 0722
Email: Charmaine@familyinsight.org.au
Inner Pyrotechnics (Anger Management)

Learn Skills and Become Empowered to Control Your Emotions

Inner Pyrotechnics is a 6 week group program offering the chance for you to learn about self awareness, making positive choices, emotions (and how we can respond to them), positive communication, emotional/behavioural triggers and self responsibility.

→ WHEN—Weekly on Wednesday from 6 March until 10 April
→ TIME—4.00-5.00pm
→ WHERE—33 Station St, Weston

Feel empowered through new skills that allow you to control your anger so that it plays a different role in your life.

For more information contact Jennifer on:
Email: JenniferJ@youthoffthestreets.com.au
Phone: 02 4936 1917 / 0400 330 372
www.youthoffthestreets.com.au

Stringing It Together

Creating family fun on a budget for parents under 25 years

Every Friday morning
10am to 12 noon
(School Terms only)

Meet other young parents
Lots of fun games and activities to play with
New friends for your kids
Share a morning tea together
Learn how to make toys from everyday items
Feel welcomed in a friendly environment

At Koe nara,
Cnr of Quarrybylong St & Rawson St, Cessnock
Call Jane 4990 9353, or Charmaine 4961 0700
Or just turn up!

Family Information Service
Young Parents Network 4990 9353

NSW Department of Health
Hunter New England Local Health District
FREE LIVE ONLINE INFORMATION SESSION – 21ST FEBRUARY, 2013

➢ Come and meet our staff
➢ Hear comprehensive information on all aspects of exchange
➢ Ask questions
➢ Listen to questions asked by other students and parents, and
➢ Meet other students who are considering going on exchange
➢ Scholarships available!

Our next LIVE Online information session will be held at:

- 7.30pm (EDT) / 7.00 pm (CDT) / 6.30pm (EST) / 6.00pm (CST) / 4.30pm (WST)
- on Thursday, 21st February

To secure your place, please register online: http://studentexchange.org.au/info-sessions/
1300 135 331 (cost of a local call)

FREE 24/7 ON DEMAND - VIDEO PRESENTATIONS

Our Online sessions provide access to the same comprehensive information presented at our city sessions. If you live remotely from the major cities or cannot get along in person you can also watch our 24/7 On Demand streaming media presentations anytime you like.

To access the 6 videos available, please register online.
http://studentexchange.org.au/info-sessions/

Would you like to have an Overseas adventure!
Rotary International Youth Exchange Program offers students in Year 10, 11 and 12 the opportunity to experience a year of living in another country.

Are you ready to swim with a Fin?
Mix it with a Mexican?
Take a plane to school?
Are you ready to become a Rotary Exchange Student in 2014?

Your family may like to host an Inbound Exchange Student.

Find out more from our website www.youthexchange.net.au or contact deniseparkes39@gmail.com
Autism Understanding presents...

After the Diagnosis: Practical strategies for Parents of Children with Asperger's and Autism

When your child receives a diagnosis of autism, Asperger's or PDD-NOS, you may feel overwhelmed or lost. Parents often receive conflicting advice about their child's needs and the strategies that have been found to be most effective. Lydia Meints, Clinical Psychologist, provides parents with practical evidence-based information including:

- Understanding the autism diagnosis and normal grief reactions
- Positive behaviour support strategies including both prevention and response strategies for challenging behaviours
- How to make and use visual supports to improve communication
- How to build social skills and encourage your child to interact
- How to manage change and reduce your child’s stress levels
- How to liaise with school and other service providers
- Looking after yourself as a parent, familial and internal hospitals
- Recognising early signs of depression and anxiety

**Option 1:** Parents can attend our full-day workshop on Sunday 21st July

**Option 2:** Parents may choose to attend Six Monday evening 1-hour sessions

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<th>Term 1 Group</th>
<th>Term 2 Group</th>
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<td>Session 1: Mon 6 March</td>
<td>Session 1: Mon 23 July</td>
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<td>Session 2: Mon 13 March</td>
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<td>Session 3: Mon 20 March</td>
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<td>Session 6: Mon 10 April</td>
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**Cost for Option 1:** $195 for full-day workshop, including morning tea, lunch and afternoon tea

**Cost for Option 2:** $60 per session X 6 sessions

**Note:** Medicare Rebates of $13.65 per session are available for parents who attend the six evening sessions as part of their own Mental Health Care Plan. Parents can discuss this with their General Practitioner.

**Note:** EYFSF/SFA funding can be used for parents to learn strategies to assist in implementing their child's behaviour plan.

To Register: Please complete and fax us the attached Registration Form.

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Wollombi Public School P&C presents

**WOLLONBI EASTER MARKET**

Monday 1st April 8am-2pm

A family fun day set in the old cattle yards of a beautiful historic town - fresh local produce, handmade crafts, plants, books, collectables, food, clothing, entertainment, home made goodies and more!

**Contact:**

4998 0297

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Autism Understanding

Ph: (02) 4907 3021
Fax: (02) 4907 2399
Email: autismunderstanding@gmail.com

201 Main Rd, Mayfield
P.O. Box 60, Mayfield NSW 2304

Visit our website at: www.autismunderstanding.com.au
Aboriginal Nursing & Midwifery Cadetship Program

Want to work in a job where you can make a difference to help improve the health of our Mob?

What a Cadetship offers?
- Study allowance of $600 per fortnight
- Employment for up to 12 weeks in your local Public Hospital or Justice Health Facility
- Clinical support and mentoring
- Ongoing employment once graduated

Cadetship applications for 2013:
Open 01 March
Close 31 May
01 September
22 November

Application forms can be downloaded from:

Eligibility
Interested applicants will need to meet the following criteria:
- Be of Australian Aboriginal descent, identify as an Aboriginal person and be accepted as an Aboriginal person by the community in which they live/have lived (evidence to be provided);
- Be a current resident of NSW;
- Provide a covering letter describing (up to 500 words):
  1. Why you want to be a nurse?
  2. Why is it important to have Aboriginal people working as nurses in our local Public Hospitals?
  3. At which hospital you would like to complete your Cadetship?
  4. A statement of your Aboriginal Heritage and the Aboriginal organisations you are a member of?

Want to find out more?
For further information about how to apply for a Cadetship position, contact our Aboriginal Project Officers at the Nursing and Midwifery Office on:
Freecall: 1800 155 325
Email: aboriginalnursing@doh.health.nsw.gov.au

The NSW Nursing and Midwifery Cadetship program is funded by the Commonwealth Department of Education, Employment and Workplace Relations and NSW Health. January 2013 © NSW Health